
































Belmar, NJ - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:32	5.2	5:55	4.6	12:10	0.2	11:51	0.1	6:25	4:53	
2	Mon	6:09	5.5	6:36	4.7			12:38	0.1	6:26	4:52	
3	Tue	6:48	5.6	7:19	4.6	12:34	0.1	1:25	0.0	6:28	4:51	
4	Wed	7:30	5.7	8:05	4.5	1:19	0.1	2:12	-0.1	6:29	4:49	
5	Thu	8:16	5.6	8:57	4.4	2:04	0.1	2:59	0.0	6:30	4:48	
6	Fri	9:09	5.4	9:57	4.3	2:51	0.2	3:48	0.1	6:31	4:47	
7	Sat	10:10	5.2	11:01	4.3	3:42	0.3	4:43	0.2	6:32	4:46	
8	Sun	11:15	5.0			4:41	0.5	5:45	0.3	6:33	4:45	
9	Mon	12:04	4.4	12:18	4.9	5:52	0.7	6:51	0.3	6:35	4:44	
10	Tue	1:04	4.5	1:18	4.8	7:08	0.7	7:53	0.2	6:36	4:43	
11	Wed	2:03	4.7	2:19	4.7	8:17	0.6	8:49	0.1	6:37	4:42	
12	Thu	3:02	4.9	3:20	4.6	9:17	0.3	9:39	-0.1	6:38	4:41	
13	Fri	3:59	5.2	4:18	4.6	10:12	0.1	10:26	-0.1	6:39	4:41	
14	Sat	4:50	5.4	5:10	4.6	11:02	0.0	11:11	-0.1	6:40	4:40	
15	Sun	5:36	5.5	5:57	4.6	11:50	-0.1	11:56	0.0	6:42	4:39	
16	Mon	6:19	5.6	6:41	4.5			12:37	-0.1	6:43	4:38	
17	Tue	7:00	5.5	7:24	4.4	12:40	0.1	1:23	-0.1	6:44	4:37	
18	Wed	7:41	5.3	8:07	4.2	1:22	0.2	2:05	0.0	6:45	4:37	
19	Thu	8:22	5.1	8:52	4.0	2:03	0.4	2:46	0.1	6:46	4:36	
20	Fri	9:05	4.8	9:40	3.9	2:42	0.6	3:25	0.3	6:47	4:35	
21	Sat	9:51	4.5	10:31	3.7	3:21	0.8	4:05	0.5	6:48	4:35	
22	Sun	10:39	4.3	11:22	3.7	4:01	1.0	4:48	0.7	6:49	4:34	
23	Mon	11:29	4.1			4:48	1.2	5:37	0.8	6:51	4:34	
24	Tue	12:10	3.7	12:17	4.0	5:48	1.3	6:31	0.8	6:52	4:33	
25	Wed	12:57	3.8	1:04	3.9	6:58	1.3	7:25	0.8	6:53	4:33	
26	Thu	1:43	4.0	1:54	3.9	8:02	1.2	8:16	0.6	6:54	4:32	
27	Fri	2:31	4.2	2:49	3.9	8:58	0.9	9:03	0.5	6:55	4:32	
28	Sat	3:22	4.4	3:46	3.9	9:49	0.6	9:48	0.3	6:56	4:31	
29	Sun	4:12	4.8	4:39	4.1	10:38	0.3	10:34	0.1	6:57	4:31	
30	Mon	4:58	5.1	5:28	4.2	11:27	0.0	11:20	-0.1	6:58	4:31	