

































## Belmar, NJ - Jul 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:58	4.7	5:28	5.7	11:03	-0.2	11:56	-0.1	5:30	8:29	
2	Sat	5:59	4.8	6:24	5.8	11:57	-0.2			5:31	8:29	
3	Sun	6:54	4.9	7:15	5.9	12:50	-0.3	12:51	-0.2	5:31	8:29	
4	Mon	7:47	5.0	8:04	5.9	1:43	-0.4	1:44	-0.2	5:32	8:28	
5	Tue	8:38	5.0	8:52	5.7	2:34	-0.5	2:36	-0.1	5:32	8:28	
6	Wed	9:29	4.9	9:41	5.5	3:21	-0.4	3:24	0.1	5:33	8:28	
7	Thu	10:20	4.8	10:29	5.2	4:05	-0.3	4:09	0.3	5:34	8:28	
8	Fri	11:11	4.7	11:18	4.9	4:47	-0.1	4:54	0.6	5:34	8:27	
9	Sat			12:01	4.6	5:29	0.2	5:41	0.8	5:35	8:27	
10	Sun	12:07	4.6	12:49	4.6	6:14	0.5	6:34	1.1	5:36	8:26	
11	Mon	12:55	4.3	1:35	4.5	7:02	0.7	7:32	1.2	5:36	8:26	
12	Tue	1:41	4.1	2:20	4.5	7:53	0.8	8:32	1.2	5:37	8:25	
13	Wed	2:28	4.0	3:08	4.5	8:44	0.9	9:29	1.1	5:38	8:25	
14	Thu	3:20	3.9	3:58	4.6	9:35	0.9	10:21	0.9	5:39	8:24	
15	Fri	4:17	3.9	4:50	4.8	10:23	0.8	11:09	0.7	5:39	8:24	
16	Sat	5:13	3.9	5:39	4.9	11:10	0.7	11:56	0.5	5:40	8:23	
17	Sun	6:03	4.1	6:23	5.1	11:56	0.6			5:41	8:23	
18	Mon	6:48	4.3	7:04	5.3	12:42	0.3	12:41	0.5	5:42	8:22	
19	Tue	7:30	4.4	7:44	5.4	1:28	0.1	1:28	0.4	5:43	8:21	
20	Wed	8:12	4.6	8:24	5.5	2:12	0.0	2:14	0.3	5:43	8:21	
21	Thu	8:54	4.7	9:07	5.5	2:55	-0.2	2:59	0.2	5:44	8:20	
22	Fri	9:39	4.8	9:53	5.4	3:36	-0.2	3:44	0.2	5:45	8:19	
23	Sat	10:28	4.9	10:43	5.2	4:17	-0.3	4:30	0.3	5:46	8:18	
24	Sun	11:21	4.9	11:39	5.1	4:59	-0.2	5:21	0.4	5:47	8:17	
25	Mon			12:16	5.0	5:47	-0.1	6:21	0.5	5:48	8:16	
26	Tue	12:36	4.9	1:12	5.1	6:41	0.1	7:30	0.6	5:49	8:16	
27	Wed	1:34	4.7	2:08	5.2	7:43	0.2	8:40	0.6	5:50	8:15	
28	Thu	2:33	4.6	3:07	5.3	8:47	0.2	9:45	0.5	5:50	8:14	
29	Fri	3:36	4.5	4:10	5.3	9:49	0.2	10:45	0.3	5:51	8:13	
30	Sat	4:43	4.5	5:12	5.5	10:47	0.1	11:40	0.1	5:52	8:12	
31	Sun	5:44	4.7	6:09	5.6	11:42	0.0			5:53	8:11	