US HARBORS www.USHarbors.com

Belmar, NJ - Jun 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:28	4.4	6:42	5.3	12:23	0.4	12:20	0.3	5:28	8:19	
2	Sun	7:11	4.5	7:22	5.5	1:10	0.1	1:04	0.2	5:28	8:19	
3	Mon	7:55	4.5	8:02	5.6	1:57	0.0	1:50	0.1	5:27	8:20	
4	Tue	8:40	4.5	8:46	5.7	2:44	-0.2	2:37	0.1	5:27	8:21	
5	Wed	9:29	4.5	9:35	5.6	3:30	-0.2	3:24	0.1	5:27	8:21	
6	Thu	10:24	4.5	10:30	5.5	4:16	-0.2	4:12	0.2	5:26	8:22	
7	Fri	11:22	4.5	11:29	5.3	5:05	-0.1	5:04	0.3	5:26	8:23	
8	Sat			12:22	4.6	5:58	0.0	6:05	0.5	5:26	8:23	
9	Sun	12:30	5.1	1:20	4.7	6:57	0.1	7:14	0.6	5:26	8:24	
10	Mon	1:29	5.0	2:16	4.9	7:59	0.1	8:25	0.6	5:26	8:24	
11	Tue	2:27	4.8	3:13	5.1	8:58	0.1	9:31	0.5	5:26	8:25	
12	Wed	3:27	4.7	4:11	5.2	9:54	0.0	10:30	0.3	5:25	8:25	
13	Thu	4:29	4.6	5:08	5.4	10:45	0.0	11:24	0.1	5:25	8:26	
14	Fri	5:29	4.6	6:00	5.6	11:34	0.0			5:25	8:26	
15	Sat	6:22	4.6	6:47	5.6	12:16	0.0	12:22	0.0	5:25	8:27	
16	Sun	7:11	4.6	7:32	5.6	1:06	-0.1	1:09	0.1	5:25	8:27	
17	Mon	7:57	4.5	8:14	5.5	1:54	-0.1	1:55	0.3	5:26	8:27	
18	Tue	8:43	4.5	8:57	5.4	2:39	-0.1	2:40	0.4	5:26	8:28	
19	Wed	9:29	4.3	9:40	5.1	3:22	0.0	3:22	0.6	5:26	8:28	
20	Thu	10:16	4.2	10:24	4.9	4:02	0.1	4:02	0.8	5:26	8:28	
21	Fri	11:04	4.1	11:10	4.7	4:41	0.3	4:42	1.0	5:26	8:28	
22	Sat	11:53	4.1	11:57	4.4	5:20	0.5	5:25	1.2	5:26	8:29	
23	Sun			12:40	4.1	6:02	0.6	6:14	1.3	5:27	8:29	
24	Mon	12:43	4.3	1:24	4.1	6:48	0.8	7:14	1.4	5:27	8:29	
25	Tue	1:29	4.2	2:07	4.2	7:39	0.8	8:18	1.4	5:27	8:29	
26	Wed	2:15	4.0	2:52	4.3	8:31	0.8	9:18	1.3	5:28	8:29	
27	Thu	3:05	4.0	3:40	4.5	9:22	0.7	10:13	1.0	5:28	8:29	
28	Fri	4:02	4.0	4:32	4.8	10:10	0.6	11:04	0.7	5:28	8:29	
29	Sat	5:00	4.1	5:23	5.1	10:58	0.5	11:54	0.4	5:29	8:29	
30	Sun	5:54	4.2	6:11	5.4	11:46	0.3			5:29	8:29	