US HARBORS www.USHarbors.com

Belmar, NJ - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:35	4.4	2:56	3.7	9:05	0.3	9:05	0.0	7:18	4:40	
2	Mon	3:31	4.4	3:54	3.6	9:58	0.2	9:52	0.1	7:18	4:41	
3	Tue	4:23	4.5	4:48	3.6	10:46	0.1	10:37	0.1	7:18	4:42	
4	Wed	5:10	4.5	5:36	3.7	11:32	0.0	11:21	0.1	7:18	4:43	
5	Thu	5:52	4.6	6:20	3.7			12:17	-0.1	7:18	4:44	
6	Fri	6:32	4.6	7:01	3.8	12:05	0.1	1:00	-0.1	7:18	4:45	
7	Sat	7:09	4.6	7:42	3.7	12:48	0.1	1:40	-0.2	7:18	4:46	
8	Sun	7:46	4.5	8:22	3.7	1:30	0.1	2:18	-0.2	7:18	4:47	
9	Mon	8:22	4.4	9:03	3.6	2:09	0.2	2:53	-0.1	7:18	4:48	
10	Tue	8:57	4.2	9:44	3.6	2:46	0.3	3:26	0.0	7:17	4:49	
11	Wed	9:33	4.1	10:25	3.6	3:21	0.4	3:59	0.1	7:17	4:50	
12	Thu	10:13	3.9	11:07	3.6	3:59	0.5	4:32	0.2	7:17	4:51	
13	Fri	10:57	3.7	11:51	3.7	4:42	0.6	5:09	0.3	7:17	4:52	
14	Sat	11:47	3.6			5:38	0.7	5:57	0.3	7:16	4:53	
15	Sun	12:36	3.9	12:41	3.5	6:50	0.7	6:58	0.3	7:16	4:54	
16	Mon	1:27	4.1	1:41	3.4	8:03	0.5	8:03	0.2	7:15	4:55	
17	Tue	2:26	4.3	2:50	3.4	9:09	0.2	9:06	0.0	7:15	4:56	
18	Wed	3:32	4.6	4:02	3.6	10:08	-0.1	10:05	-0.2	7:15	4:57	
19	Thu	4:35	5.0	5:05	3.8	11:04	-0.4	11:03	-0.5	7:14	4:58	
20	Fri	5:32	5.3	6:01	4.1	11:59	-0.8			7:13	5:00	
21	Sat	6:25	5.5	6:54	4.4	12:01	-0.7	12:53	-1.0	7:13	5:01	
22	Sun	7:17	5.6	7:47	4.5	12:57	-0.9	1:44	-1.2	7:12	5:02	
23	Mon	8:09	5.5	8:40	4.6	1:51	-0.9	2:32	-1.3	7:12	5:03	
24	Tue	9:01	5.3	9:35	4.6	2:43	-0.9	3:18	-1.2	7:11	5:04	
25	Wed	9:54	5.0	10:30	4.6	3:34	-0.7	4:04	-1.0	7:10	5:06	
26	Thu	10:48	4.6	11:23	4.5	4:26	-0.4	4:51	-0.7	7:09	5:07	
27	Fri	11:41	4.2			5:23	0.0	5:42	-0.3	7:09	5:08	
28	Sat	12:15	4.3	12:34	3.9	6:27	0.2	6:37	0.0	7:08	5:09	
29	Sun	1:06	4.2	1:27	3.5	7:34	0.4	7:35	0.2	7:07	5:10	
30	Mon	1:58	4.1	2:24	3.3	8:36	0.4	8:31	0.3	7:06	5:12	
31	Tue	2:55	4.0	3:26	3.2	9:33	0.4	9:24	0.4	7:05	5:13	