US HARBORS www.USHarbors.com

Belmar, NJ - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:57	4.1	6:21	5.6	12:00	0.3	11:52 AM	0.4	5:30	8:29	
2	Sun	6:51	4.3	7:12	5.8	12:53	0.0	12:46	0.2	5:30	8:29	
3	Mon	7:43	4.5	8:02	6.0	1:46	-0.2	1:42	0.1	5:31	8:29	
4	Tue	8:36	4.6	8:55	6.0	2:38	-0.4	2:37	0.0	5:31	8:29	
5	Wed	9:31	4.7	9:49	5.8	3:27	-0.5	3:31	0.0	5:32	8:28	
6	Thu	10:29	4.8	10:46	5.6	4:16	-0.5	4:24	0.1	5:33	8:28	
7	Fri	11:27	4.9	11:43	5.4	5:04	-0.4	5:19	0.2	5:33	8:28	
8	Sat			12:25	5.0	5:54	-0.3	6:20	0.5	5:34	8:27	
9	Sun	12:40	5.1	1:19	5.0	6:48	-0.1	7:26	0.7	5:34	8:27	
10	Mon	1:34	4.8	2:12	5.1	7:45	0.1	8:33	0.7	5:35	8:27	
11	Tue	2:28	4.5	3:04	5.0	8:41	0.3	9:36	0.7	5:36	8:26	
12	Wed	3:24	4.2	4:00	5.0	9:35	0.4	10:33	0.6	5:37	8:26	
13	Thu	4:25	4.1	4:55	5.0	10:26	0.5	11:25	0.5	5:37	8:25	
14	Fri	5:23	4.0	5:47	5.1	11:14	0.6			5:38	8:25	
15	Sat	6:16	4.1	6:33	5.1	12:13	0.5	12:01	0.6	5:39	8:24	
16	Sun	7:03	4.2	7:15	5.1	1:00	0.4	12:47	0.7	5:40	8:24	
17	Mon	7:47	4.2	7:55	5.1	1:45	0.3	1:32	0.7	5:40	8:23	
18	Tue	8:29	4.3	8:34	5.0	2:27	0.3	2:16	0.7	5:41	8:22	
19	Wed	9:11	4.3	9:12	4.9	3:06	0.3	2:58	0.7	5:42	8:22	
20	Thu	9:53	4.2	9:49	4.7	3:42	0.3	3:37	0.8	5:43	8:21	
21	Fri	10:35	4.2	10:26	4.6	4:15	0.4	4:14	0.9	5:44	8:20	
22	Sat	11:17	4.2	11:04	4.4	4:48	0.5	4:52	1.0	5:45	8:20	
23	Sun	11:58	4.3	11:45	4.2	5:19	0.6	5:32	1.2	5:45	8:19	
24	Mon			12:38	4.3	5:53	0.7	6:22	1.3	5:46	8:18	
25	Tue	12:30	4.1	1:19	4.5	6:32	0.8	7:26	1.3	5:47	8:17	
26	Wed	1:19	4.0	2:04	4.6	7:24	0.9	8:35	1.2	5:48	8:16	
27	Thu	2:13	3.9	2:56	4.8	8:27	0.9	9:41	1.0	5:49	8:15	
28	Fri	3:16	3.8	3:57	5.0	9:31	0.8	10:41	0.7	5:50	8:14	
29	Sat	4:27	3.9	5:02	5.3	10:33	0.6	11:37	0.3	5:51	8:13	
30	Sun	5:35	4.1	6:02	5.6	11:32	0.4			5:52	8:12	
31	Mon	6:33	4.5	6:56	5.9	12:32	0.0	12:30	0.1	5:53	8:11	