

































Belmar, NJ - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:24	4.8	5:53	4.5	11:42	-0.6	11:50	-0.5	6:28	5:47	
2	Mon	6:11	4.9	6:39	4.7			12:28	-0.7	6:27	5:48	
3	Tue	6:55	4.9	7:22	4.8	12:39	-0.6	1:11	-0.8	6:25	5:49	
4	Wed	7:36	4.8	8:03	4.8	1:25	-0.6	1:51	-0.7	6:24	5:50	
5	Thu	8:17	4.6	8:43	4.7	2:08	-0.5	2:27	-0.5	6:22	5:52	
6	Fri	8:57	4.3	9:23	4.6	2:48	-0.4	3:01	-0.3	6:21	5:53	
7	Sat	9:39	4.0	10:04	4.4	3:26	-0.1	3:33	0.0	6:19	5:54	
8	Sun	11:23	3.7	11:47	4.2	5:05	0.2	5:06	0.3	7:18	6:55	
9	Mon			12:10	3.4	5:47	0.5	5:41	0.6	7:16	6:56	
10	Tue	12:33	4.0	1:00	3.2	6:39	0.7	6:29	0.9	7:14	6:57	
11	Wed	1:21	3.8	1:52	3.1	7:45	0.9	7:39	1.1	7:13	6:58	
12	Thu	2:14	3.7	2:49	3.1	8:54	0.9	8:55	1.1	7:11	6:59	
13	Fri	3:13	3.7	3:53	3.2	9:54	0.7	9:59	0.9	7:10	7:00	
14	Sat	4:16	3.9	4:54	3.4	10:46	0.5	10:53	0.6	7:08	7:01	
15	Sun	5:14	4.1	5:45	3.8	11:32	0.2	11:42	0.3	7:06	7:02	
16	Mon	6:03	4.4	6:29	4.1			12:15	-0.1	7:05	7:03	
17	Tue	6:46	4.7	7:08	4.5	12:29	0.0	12:57	-0.3	7:03	7:04	
18	Wed	7:26	4.8	7:46	4.9	1:16	-0.3	1:38	-0.5	7:02	7:05	
19	Thu	8:07	4.9	8:25	5.1	2:03	-0.5	2:19	-0.6	7:00	7:06	
20	Fri	8:50	4.8	9:07	5.2	2:49	-0.6	2:59	-0.6	6:58	7:08	
21	Sat	9:35	4.6	9:53	5.2	3:34	-0.6	3:40	-0.6	6:57	7:09	
22	Sun	10:26	4.4	10:45	5.1	4:21	-0.5	4:22	-0.4	6:55	7:10	
23	Mon	11:23	4.1	11:44	4.9	5:11	-0.2	5:09	-0.1	6:53	7:11	
24	Tue			12:26	3.9	6:10	0.1	6:07	0.2	6:52	7:12	
25	Wed	12:47	4.7	1:29	3.8	7:21	0.3	7:21	0.4	6:50	7:13	
26	Thu	1:51	4.5	2:34	3.8	8:36	0.3	8:40	0.5	6:49	7:14	
27	Fri	2:57	4.4	3:41	3.9	9:42	0.2	9:50	0.4	6:47	7:15	
28	Sat	4:06	4.4	4:47	4.2	10:39	0.0	10:50	0.2	6:45	7:16	
29	Sun	5:10	4.5	5:44	4.5	11:29	-0.1	11:43	0.0	6:44	7:17	
30	Mon	6:03	4.6	6:32	4.8			12:15	-0.3	6:42	7:18	
31	Tue	6:49	4.7	7:14	5.0	12:32	-0.2	12:58	-0.3	6:40	7:19	