

































Belmar, NJ - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:43	4.4	8:00	5.2	1:38	0.0	1:41	0.3	5:55	7:51	
2	Sat	8:22	4.3	8:36	5.1	2:20	0.0	2:18	0.4	5:53	7:52	
3	Sun	9:01	4.1	9:11	5.0	2:59	0.1	2:55	0.5	5:52	7:53	
4	Mon	9:41	4.0	9:48	4.8	3:37	0.2	3:30	0.7	5:51	7:54	
5	Tue	10:24	3.8	10:27	4.6	4:14	0.4	4:04	0.9	5:50	7:55	
6	Wed	11:10	3.7	11:10	4.4	4:52	0.6	4:39	1.1	5:49	7:56	
7	Thu			12:01	3.6	5:33	0.7	5:18	1.2	5:48	7:57	
8	Fri	12:00	4.3	12:51	3.6	6:21	0.9	6:12	1.4	5:46	7:58	
9	Sat	12:51	4.2	1:39	3.7	7:19	0.9	7:27	1.4	5:45	7:59	
10	Sun	1:44	4.2	2:28	4.0	8:18	0.8	8:41	1.3	5:44	8:00	
11	Mon	2:38	4.2	3:21	4.3	9:13	0.6	9:45	1.0	5:43	8:01	
12	Tue	3:38	4.3	4:17	4.6	10:03	0.4	10:42	0.6	5:42	8:02	
13	Wed	4:40	4.4	5:11	5.1	10:51	0.2	11:35	0.2	5:41	8:02	
14	Thu	5:38	4.5	6:02	5.5	11:38	0.0			5:40	8:03	
15	Fri	6:31	4.7	6:50	5.8	12:28	-0.1	12:27	-0.2	5:39	8:04	
16	Sat	7:22	4.8	7:39	6.0	1:22	-0.3	1:19	-0.3	5:39	8:05	
17	Sun	8:14	4.8	8:29	6.0	2:16	-0.5	2:12	-0.3	5:38	8:06	
18	Mon	9:08	4.8	9:23	5.9	3:08	-0.5	3:05	-0.2	5:37	8:07	
19	Tue	10:06	4.7	10:21	5.6	4:00	-0.5	3:57	-0.1	5:36	8:08	
20	Wed	11:08	4.6	11:22	5.3	4:51	-0.3	4:52	0.2	5:35	8:09	
21	Thu			12:10	4.6	5:46	-0.1	5:51	0.5	5:34	8:10	
22	Fri	12:23	5.1	1:09	4.6	6:46	0.1	6:58	0.7	5:34	8:11	
23	Sat	1:20	4.8	2:04	4.6	7:47	0.2	8:07	0.8	5:33	8:12	
24	Sun	2:15	4.6	2:58	4.7	8:45	0.3	9:11	0.8	5:32	8:13	
25	Mon	3:10	4.4	3:52	4.8	9:36	0.3	10:08	0.7	5:32	8:13	
26	Tue	4:06	4.2	4:44	4.9	10:23	0.4	10:59	0.6	5:31	8:14	
27	Wed	5:01	4.1	5:32	5.0	11:06	0.4	11:45	0.5	5:30	8:15	
28	Thu	5:51	4.1	6:15	5.1	11:46	0.5			5:30	8:16	
29	Fri	6:36	4.1	6:55	5.2	12:29	0.4	12:26	0.5	5:29	8:17	
30	Sat	7:18	4.1	7:32	5.2	1:13	0.3	1:07	0.6	5:29	8:17	
31	Sun	7:59	4.1	8:09	5.2	1:56	0.3	1:49	0.7	5:28	8:18	