US HARBORS www.USHarbors.com

Belmar, NJ - Jun 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:39	4.1	8:46	5.0	2:37	0.3	2:29	0.7	5:28	8:19	
2	Tue	9:19	4.0	9:23	4.9	3:17	0.3	3:08	0.8	5:28	8:20	
3	Wed	10:01	3.9	10:00	4.7	3:54	0.4	3:45	1.0	5:27	8:20	
4	Thu	10:45	3.8	10:41	4.6	4:31	0.5	4:21	1.1	5:27	8:21	
5	Fri	11:31	3.8	11:26	4.5	5:08	0.6	4:59	1.2	5:27	8:22	
6	Sat			12:18	3.9	5:48	0.6	5:46	1.3	5:26	8:22	
7	Sun	12:16	4.4	1:03	4.1	6:33	0.7	6:49	1.3	5:26	8:23	
8	Mon	1:06	4.4	1:50	4.4	7:26	0.6	8:03	1.2	5:26	8:23	
9	Tue	1:59	4.3	2:40	4.7	8:22	0.5	9:12	1.0	5:26	8:24	
10	Wed	2:57	4.3	3:35	5.0	9:18	0.4	10:14	0.7	5:26	8:24	
11	Thu	4:02	4.3	4:35	5.3	10:12	0.2	11:12	0.3	5:26	8:25	
12	Fri	5:07	4.3	5:34	5.7	11:06	0.1			5:25	8:25	
13	Sat	6:08	4.5	6:30	5.9	12:08	0.0	12:01	-0.1	5:25	8:26	
14	Sun	7:05	4.7	7:23	6.1	1:05	-0.2	12:58	-0.2	5:25	8:26	
15	Mon	8:00	4.8	8:16	6.1	2:01	-0.4	1:56	-0.2	5:25	8:27	
16	Tue	8:56	4.8	9:11	5.9	2:54	-0.5	2:52	-0.2	5:26	8:27	
17	Wed	9:53	4.8	10:07	5.7	3:45	-0.5	3:46	0.0	5:26	8:27	
18	Thu	10:52	4.8	11:04	5.4	4:35	-0.4	4:39	0.2	5:26	8:28	
19	Fri	11:50	4.8			5:24	-0.2	5:34	0.4	5:26	8:28	
20	Sat	12:01	5.1	12:45	4.8	6:16	0.0	6:33	0.7	5:26	8:28	
21	Sun	12:54	4.8	1:37	4.8	7:10	0.2	7:37	0.9	5:26	8:29	
22	Mon	1:45	4.5	2:26	4.8	8:04	0.4	8:40	1.0	5:27	8:29	
23	Tue	2:35	4.2	3:15	4.8	8:55	0.6	9:38	0.9	5:27	8:29	
24	Wed	3:28	4.0	4:06	4.8	9:43	0.7	10:30	0.8	5:27	8:29	
25	Thu	4:24	3.8	4:56	4.9	10:28	0.7	11:17	0.7	5:27	8:29	
26	Fri	5:19	3.8	5:44	5.0	11:12	0.8			5:28	8:29	
27	Sat	6:09	3.9	6:28	5.0	12:03	0.6	11:55 AM	0.8	5:28	8:29	
28	Sun	6:54	4.0	7:09	5.1	12:48	0.5	12:39	0.8	5:29	8:29	
29	Mon	7:37	4.0	7:47	5.1	1:32	0.4	1:24	0.8	5:29	8:29	
30	Tue	8:17	4.1	8:25	5.1	2:15	0.3	2:07	0.8	5:29	8:29	