US HARBORS www.USHarbors.com

Belmar, NJ - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:17	5.1	4:45	4.1	10:42	-0.5	10:48	-0.6	7:18	4:41	
2	Wed	5:15	5.4	5:42	4.3	11:37	-0.7	11:43	-0.7	7:18	4:41	
3	Thu	6:08	5.5	6:35	4.5			12:30	-0.9	7:18	4:42	
4	Fri	6:57	5.5	7:26	4.6	12:37	-0.7	1:20	-1.0	7:18	4:43	
5	Sat	7:46	5.4	8:16	4.5	1:29	-0.7	2:07	-1.0	7:18	4:44	
6	Sun	8:34	5.1	9:05	4.4	2:18	-0.6	2:51	-0.9	7:18	4:45	
7	Mon	9:22	4.8	9:55	4.3	3:04	-0.4	3:33	-0.7	7:18	4:46	
8	Tue	10:10	4.5	10:45	4.2	3:49	-0.1	4:14	-0.4	7:18	4:47	
9	Wed	10:59	4.1	11:33	4.1	4:35	0.2	4:56	-0.1	7:18	4:48	
10	Thu	11:47	3.8			5:27	0.5	5:42	0.2	7:17	4:49	
11	Fri	12:19	4.0	12:35	3.6	6:26	0.7	6:33	0.4	7:17	4:50	
12	Sat	1:05	3.9	1:24	3.4	7:29	0.7	7:27	0.5	7:17	4:51	
13	Sun	1:53	3.9	2:18	3.3	8:28	0.7	8:22	0.5	7:16	4:52	
14	Mon	2:47	3.9	3:17	3.2	9:22	0.5	9:14	0.4	7:16	4:53	
15	Tue	3:42	4.0	4:15	3.4	10:11	0.3	10:03	0.3	7:16	4:54	
16	Wed	4:34	4.2	5:05	3.5	10:58	0.1	10:49	0.1	7:15	4:55	
17	Thu	5:19	4.4	5:50	3.7	11:42	-0.1	11:35	0.0	7:15	4:57	
18	Fri	6:00	4.6	6:30	3.9			12:26	-0.3	7:14	4:58	
19	Sat	6:38	4.7	7:09	4.0	12:20	-0.2	1:08	-0.5	7:14	4:59	
20	Sun	7:15	4.8	7:48	4.2	1:05	-0.3	1:48	-0.6	7:13	5:00	
21	Mon	7:53	4.8	8:29	4.3	1:48	-0.4	2:26	-0.7	7:13	5:01	
22	Tue	8:34	4.7	9:12	4.3	2:31	-0.4	3:03	-0.7	7:12	5:02	
23	Wed	9:19	4.5	10:01	4.4	3:14	-0.4	3:41	-0.6	7:11	5:03	
24	Thu	10:10	4.3	10:54	4.5	4:00	-0.3	4:22	-0.5	7:11	5:05	
25	Fri	11:07	4.1	11:50	4.5	4:55	-0.1	5:13	-0.3	7:10	5:06	
26	Sat			12:06	3.9	6:01	0.1	6:16	-0.1	7:09	5:07	
27	Sun	12:48	4.5	1:08	3.7	7:15	0.1	7:27	-0.1	7:08	5:08	
28	Mon	1:50	4.6	2:15	3.7	8:26	0.0	8:35	-0.1	7:08	5:09	
29	Tue	2:56	4.6	3:26	3.7	9:30	-0.2	9:38	-0.3	7:07	5:11	
30	Wed	4:03	4.8	4:33	3.9	10:27	-0.4	10:36	-0.5	7:06	5:12	
31	Thu	5:02	4.9	5:30	4.2	11:21	-0.7	11:31	-0.6	7:05	5:13	