US HARBORS www.USHarbors.com

Belmar, NJ - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:46	4.7	5:15	4.3	11:00	-0.5	11:17	-0.4	6:28	5:47	
2	Sat	5:37	4.8	6:02	4.5	11:47	-0.6			6:27	5:48	
3	Sun	6:22	4.9	6:45	4.7	12:06	-0.5	12:31	-0.7	6:25	5:49	
4	Mon	7:04	4.8	7:25	4.7	12:52	-0.5	1:13	-0.7	6:24	5:50	
5	Tue	7:44	4.7	8:04	4.7	1:35	-0.5	1:51	-0.6	6:22	5:52	
6	Wed	8:24	4.5	8:42	4.6	2:16	-0.4	2:26	-0.4	6:21	5:53	
7	Thu	9:04	4.2	9:20	4.4	2:54	-0.2	3:00	-0.2	6:19	5:54	
8	Fri	9:46	4.0	10:00	4.2	3:31	0.0	3:32	0.0	6:18	5:55	
9	Sat	10:31	3.7	10:42	4.1	4:09	0.3	4:05	0.3	6:16	5:56	
10	Sun			12:18	3.5	5:51	0.5	5:43	0.6	7:14	6:57	
11	Mon	12:27	3.9	1:08	3.3	6:45	0.8	6:34	0.8	7:13	6:58	
12	Tue	1:15	3.8	1:59	3.3	7:52	0.9	7:43	0.9	7:11	6:59	
13	Wed	2:07	3.8	2:55	3.3	8:59	0.8	8:55	0.9	7:10	7:00	
14	Thu	3:05	3.8	3:56	3.4	9:57	0.6	9:58	0.6	7:08	7:01	
15	Fri	4:09	4.0	4:55	3.7	10:47	0.3	10:53	0.3	7:06	7:02	
16	Sat	5:09	4.3	5:46	4.1	11:34	0.0	11:43	0.0	7:05	7:03	
17	Sun	6:00	4.6	6:31	4.6			12:18	-0.3	7:03	7:04	
18	Mon	6:46	4.8	7:14	5.0	12:33	-0.3	1:02	-0.5	7:02	7:05	
19	Tue	7:30	5.0	7:57	5.3	1:23	-0.6	1:47	-0.7	7:00	7:07	
20	Wed	8:15	5.0	8:41	5.4	2:12	-0.8	2:31	-0.8	6:58	7:08	
21	Thu	9:02	4.9	9:28	5.5	3:01	-0.9	3:15	-0.8	6:57	7:09	
22	Fri	9:52	4.7	10:20	5.4	3:49	-0.8	4:00	-0.7	6:55	7:10	
23	Sat	10:47	4.5	11:16	5.2	4:38	-0.6	4:47	-0.4	6:53	7:11	
24	Sun	11:48	4.3			5:32	-0.4	5:41	-0.1	6:52	7:12	
25	Mon	12:17	5.0	12:50	4.1	6:34	-0.1	6:46	0.2	6:50	7:13	
26	Tue	1:18	4.8	1:52	4.0	7:43	0.1	8:00	0.4	6:48	7:14	
27	Wed	2:19	4.6	2:54	4.0	8:51	0.2	9:11	0.4	6:47	7:15	
28	Thu	3:22	4.5	3:59	4.1	9:53	0.1	10:14	0.3	6:45	7:16	
29	Fri	4:26	4.5	5:00	4.3	10:46	0.0	11:09	0.1	6:44	7:17	
30	Sat	5:24	4.5	5:53	4.6	11:34	-0.1	11:59	0.0	6:42	7:18	
31	Sun	6:14	4.6	6:38	4.8			12:18	-0.2	6:40	7:19	