US HARBORS www.USHarbors.com

Belmar, NJ - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:48	5.1	5:24	4.0	11:23	-0.4	11:16	-0.5	7:18	4:41	
2	Mon	5:43	5.4	6:17	4.3			12:18	-0.7	7:18	4:42	
3	Tue	6:36	5.6	7:10	4.5	12:12	-0.7	1:11	-0.9	7:18	4:43	
4	Wed	7:27	5.6	8:03	4.6	1:08	-0.8	2:01	-1.1	7:18	4:43	
5	Thu	8:20	5.5	8:58	4.6	2:02	-0.9	2:49	-1.1	7:18	4:44	
6	Fri	9:13	5.3	9:54	4.6	2:54	-0.8	3:36	-1.0	7:18	4:45	
7	Sat	10:08	4.9	10:50	4.6	3:46	-0.5	4:23	-0.8	7:18	4:46	
8	Sun	11:03	4.6	11:45	4.5	4:40	-0.2	5:14	-0.5	7:18	4:47	
9	Mon	11:57	4.2			5:40	0.1	6:08	-0.2	7:17	4:48	
10	Tue	12:37	4.4	12:50	3.8	6:46	0.3	7:05	0.0	7:17	4:49	
11	Wed	1:29	4.3	1:44	3.5	7:52	0.4	8:02	0.2	7:17	4:50	
12	Thu	2:22	4.2	2:43	3.3	8:52	0.4	8:56	0.3	7:17	4:51	
13	Fri	3:19	4.2	3:44	3.3	9:46	0.3	9:46	0.3	7:16	4:52	
14	Sat	4:15	4.3	4:41	3.4	10:35	0.2	10:33	0.3	7:16	4:54	
15	Sun	5:04	4.4	5:30	3.5	11:21	0.1	11:18	0.2	7:16	4:55	
16	Mon	5:48	4.5	6:13	3.6			12:05	-0.1	7:15	4:56	
17	Tue	6:29	4.5	6:53	3.7	12:03	0.1	12:47	-0.2	7:15	4:57	
18	Wed	7:07	4.5	7:32	3.8	12:46	0.1	1:27	-0.3	7:14	4:58	
19	Thu	7:43	4.5	8:09	3.8	1:28	0.1	2:04	-0.3	7:14	4:59	
20	Fri	8:17	4.4	8:45	3.8	2:06	0.1	2:37	-0.3	7:13	5:00	
21	Sat	8:51	4.2	9:19	3.8	2:42	0.1	3:09	-0.2	7:12	5:02	
22	Sun	9:26	4.0	9:55	3.8	3:16	0.2	3:38	-0.1	7:12	5:03	
23	Mon	10:04	3.8	10:35	3.9	3:51	0.4	4:09	0.0	7:11	5:04	
24	Tue	10:49	3.7	11:20	4.0	4:32	0.5	4:44	0.1	7:10	5:05	
25	Wed	11:40	3.5			5:27	0.6	5:30	0.2	7:10	5:06	
26	Thu	12:10	4.1	12:37	3.4	6:42	0.6	6:34	0.2	7:09	5:07	
27	Fri	1:06	4.2	1:40	3.3	8:00	0.5	7:49	0.2	7:08	5:09	
28	Sat	2:11	4.4	2:53	3.4	9:09	0.2	8:59	0.0	7:07	5:10	
29	Sun	3:23	4.6	4:06	3.6	10:09	-0.1	10:03	-0.3	7:06	5:11	
30	Mon	4:31	4.9	5:08	4.0	11:05	-0.5	11:02	-0.6	7:05	5:12	
31	Tue	5:30	5.2	6:03	4.4	11:59	-0.8			7:05	5:13	