US HARBORS www.USHarbors.com

Belmar, NJ - Aug 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:10	4.4	10:15	4.6	3:56	0.3	4:07	0.9	5:54	8:10	
2	Wed	10:46	4.4	10:51	4.4	4:26	0.4	4:42	1.0	5:55	8:08	
3	Thu	11:23	4.4	11:33	4.2	4:55	0.5	5:21	1.1	5:56	8:07	
4	Fri			12:04	4.5	5:26	0.7	6:08	1.2	5:57	8:06	
5	Sat	12:21	4.0	12:49	4.6	6:06	0.8	7:14	1.3	5:58	8:05	
6	Sun	1:13	3.9	1:40	4.8	7:00	0.9	8:30	1.2	5:59	8:04	
7	Mon	2:12	3.8	2:38	4.9	8:11	0.9	9:40	1.0	6:00	8:03	
8	Tue	3:18	3.8	3:46	5.1	9:23	0.8	10:41	0.7	6:01	8:01	
9	Wed	4:31	4.0	4:56	5.3	10:29	0.5	11:37	0.3	6:02	8:00	
10	Thu	5:37	4.3	5:58	5.6	11:30	0.2			6:03	7:59	
11	Fri	6:34	4.8	6:52	5.9	12:30	0.0	12:29	0.0	6:04	7:58	
12	Sat	7:27	5.1	7:44	6.0	1:22	-0.4	1:26	-0.3	6:05	7:56	
13	Sun	8:18	5.4	8:34	6.0	2:12	-0.6	2:21	-0.4	6:06	7:55	
14	Mon	9:09	5.6	9:24	5.8	2:59	-0.7	3:14	-0.4	6:07	7:54	
15	Tue	10:01	5.6	10:16	5.5	3:44	-0.7	4:04	-0.2	6:08	7:52	
16	Wed	10:54	5.6	11:10	5.1	4:29	-0.5	4:55	0.0	6:09	7:51	
17	Thu	11:48	5.4			5:14	-0.1	5:49	0.4	6:09	7:50	
18	Fri	12:05	4.7	12:41	5.2	6:03	0.3	6:49	0.7	6:10	7:48	
19	Sat	1:00	4.3	1:34	5.0	6:58	0.7	7:54	0.9	6:11	7:47	
20	Sun	1:55	4.1	2:26	4.8	7:59	1.0	9:00	1.0	6:12	7:45	
21	Mon	2:51	3.9	3:23	4.7	9:02	1.1	9:59	1.0	6:13	7:44	
22	Tue	3:52	3.8	4:22	4.7	10:00	1.1	10:51	0.9	6:14	7:42	
23	Wed	4:54	3.9	5:18	4.8	10:51	1.0	11:37	0.7	6:15	7:41	
24	Thu	5:48	4.1	6:06	4.9	11:38	0.9			6:16	7:39	
25	Fri	6:33	4.3	6:48	5.0	12:19	0.6	12:23	0.8	6:17	7:38	
26	Sat	7:13	4.5	7:26	5.1	12:59	0.5	1:07	0.7	6:18	7:36	
27	Sun	7:50	4.6	8:02	5.0	1:38	0.3	1:49	0.6	6:19	7:35	
28	Mon	8:25	4.7	8:36	4.9	2:15	0.3	2:29	0.6	6:20	7:33	
29	Tue	8:57	4.8	9:09	4.8	2:49	0.3	3:07	0.6	6:21	7:32	
30	Wed	9:28	4.8	9:41	4.6	3:21	0.3	3:43	0.7	6:22	7:30	
31	Thu	10:00	4.8	10:17	4.4	3:50	0.4	4:18	0.8	6:23	7:29	