

































Belmar, NJ - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:50	4.6	2:07	3.8	8:16	0.2	8:28	-0.1	7:18	4:41	
2	Tue	2:49	4.6	3:11	3.7	9:18	0.1	9:24	0.0	7:18	4:41	
3	Wed	3:49	4.6	4:15	3.6	10:13	0.0	10:16	0.0	7:18	4:42	
4	Thu	4:45	4.7	5:10	3.7	11:04	-0.1	11:05	0.0	7:18	4:43	
5	Fri	5:34	4.8	5:59	3.8	11:53	-0.2	11:53	0.0	7:18	4:44	
6	Sat	6:18	4.8	6:44	3.9			12:39	-0.3	7:18	4:45	
7	Sun	7:00	4.8	7:26	3.9	12:39	0.0	1:22	-0.3	7:18	4:46	
8	Mon	7:40	4.7	8:08	3.9	1:23	0.0	2:01	-0.3	7:18	4:47	
9	Tue	8:20	4.5	8:49	3.8	2:04	0.0	2:38	-0.3	7:17	4:48	
10	Wed	8:59	4.3	9:30	3.8	2:42	0.1	3:12	-0.2	7:17	4:49	
11	Thu	9:38	4.1	10:11	3.7	3:19	0.3	3:45	-0.1	7:17	4:50	
12	Fri	10:19	3.9	10:53	3.7	3:56	0.5	4:17	0.1	7:17	4:51	
13	Sat	11:01	3.6	11:34	3.7	4:37	0.6	4:52	0.2	7:16	4:52	
14	Sun	11:45	3.4			5:27	0.8	5:34	0.4	7:16	4:53	
15	Mon	12:16	3.8	12:33	3.3	6:32	0.9	6:27	0.5	7:16	4:54	
16	Tue	1:00	3.9	1:25	3.2	7:42	0.8	7:30	0.5	7:15	4:56	
17	Wed	1:52	4.0	2:27	3.2	8:47	0.6	8:33	0.3	7:15	4:57	
18	Thu	2:53	4.2	3:35	3.3	9:44	0.3	9:31	0.1	7:14	4:58	
19	Fri	3:57	4.5	4:37	3.5	10:37	0.0	10:27	-0.1	7:14	4:59	
20	Sat	4:55	4.8	5:30	3.9	11:29	-0.4	11:21	-0.4	7:13	5:00	
21	Sun	5:47	5.1	6:20	4.2			12:19	-0.7	7:13	5:01	
22	Mon	6:36	5.4	7:09	4.5	12:16	-0.7	1:08	-1.0	7:12	5:02	
23	Tue	7:24	5.4	7:59	4.7	1:09	-0.9	1:55	-1.2	7:11	5:04	
24	Wed	8:13	5.3	8:50	4.8	2:01	-1.0	2:40	-1.2	7:11	5:05	
25	Thu	9:05	5.1	9:43	4.8	2:51	-0.9	3:24	-1.1	7:10	5:06	
26	Fri	9:58	4.8	10:38	4.8	3:42	-0.7	4:10	-0.9	7:09	5:07	
27	Sat	10:54	4.4	11:34	4.7	4:36	-0.4	4:59	-0.6	7:08	5:08	
28	Sun	11:50	4.1			5:37	-0.1	5:55	-0.3	7:07	5:10	
29	Mon	12:29	4.5	12:47	3.7	6:45	0.1	6:58	0.0	7:07	5:11	
30	Tue	1:24	4.4	1:46	3.5	7:54	0.2	8:03	0.2	7:06	5:12	
31	Wed	2:23	4.2	2:51	3.3	8:58	0.2	9:04	0.2	7:05	5:13	