

































## Belmar, NJ - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:49	4.5	1:03	4.2	6:56	0.2	7:27	-0.2	7:18	4:41	
2	Fri	1:44	4.5	1:59	4.0	8:01	0.2	8:23	-0.1	7:18	4:41	
3	Sat	2:39	4.4	2:58	3.8	9:01	0.2	9:15	-0.1	7:18	4:42	
4	Sun	3:35	4.5	3:56	3.7	9:54	0.1	10:03	-0.1	7:18	4:43	
5	Mon	4:28	4.6	4:49	3.8	10:42	0.0	10:47	-0.1	7:18	4:44	
6	Tue	5:14	4.7	5:36	3.9	11:27	-0.1	11:31	-0.1	7:18	4:45	
7	Wed	5:57	4.7	6:19	3.9			12:11	-0.2	7:18	4:46	
8	Thu	6:36	4.8	6:59	3.9	12:14	-0.1	12:54	-0.3	7:18	4:47	
9	Fri	7:15	4.7	7:39	3.9	12:56	-0.1	1:34	-0.3	7:17	4:48	
10	Sat	7:52	4.6	8:18	3.9	1:36	0.0	2:12	-0.3	7:17	4:49	
11	Sun	8:28	4.5	8:56	3.8	2:15	0.0	2:48	-0.3	7:17	4:50	
12	Mon	9:05	4.3	9:35	3.7	2:51	0.2	3:22	-0.2	7:17	4:51	
13	Tue	9:42	4.1	10:15	3.7	3:26	0.3	3:55	-0.1	7:16	4:52	
14	Wed	10:22	3.9	10:58	3.7	4:02	0.4	4:30	0.0	7:16	4:53	
15	Thu	11:08	3.8	11:43	3.8	4:44	0.6	5:11	0.1	7:16	4:54	
16	Fri	11:58	3.7			5:42	0.7	6:04	0.2	7:15	4:56	
17	Sat	12:31	3.9	12:53	3.6	6:56	0.6	7:07	0.2	7:15	4:57	
18	Sun	1:25	4.1	1:53	3.6	8:08	0.4	8:12	0.0	7:14	4:58	
19	Mon	2:26	4.3	3:01	3.7	9:12	0.1	9:13	-0.2	7:14	4:59	
20	Tue	3:32	4.6	4:08	3.9	10:10	-0.2	10:10	-0.5	7:13	5:00	
21	Wed	4:34	5.0	5:08	4.2	11:05	-0.6	11:06	-0.8	7:12	5:01	
22	Thu	5:30	5.3	6:03	4.5	11:59	-0.9			7:12	5:02	
23	Fri	6:23	5.6	6:55	4.8	12:02	-1.0	12:52	-1.2	7:11	5:04	
24	Sat	7:14	5.6	7:48	4.9	12:58	-1.2	1:43	-1.4	7:10	5:05	
25	Sun	8:06	5.6	8:41	4.9	1:51	-1.2	2:32	-1.4	7:10	5:06	
26	Mon	8:59	5.3	9:36	4.8	2:42	-1.1	3:19	-1.3	7:09	5:07	
27	Tue	9:53	5.0	10:31	4.7	3:33	-0.9	4:07	-1.0	7:08	5:08	
28	Wed	10:48	4.6	11:26	4.6	4:25	-0.5	4:57	-0.7	7:07	5:10	
29	Thu	11:42	4.3			5:22	-0.2	5:51	-0.3	7:06	5:11	
30	Fri	12:20	4.4	12:36	4.0	6:25	0.1	6:50	-0.1	7:06	5:12	
31	Sat	1:12	4.3	1:30	3.7	7:30	0.3	7:48	0.1	7:05	5:13	