

Cape May (Atlantic Ocean), NJ - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:07	4.3	1:29	3.1	7:36	0.5	7:24	0.3	6:32	5:52	
2	Mon	2:20	4.4	2:55	3.1	8:53	0.4	8:42	0.2	6:30	5:53	
3	Tue	3:38	4.7	4:12	3.4	10:03	0.1	9:57	-0.1	6:29	5:54	
4	Wed	4:44	5.0	5:15	3.8	11:03	-0.2	11:02	-0.4	6:27	5:55	
5	Thu	5:42	5.3	6:11	4.3	11:56	-0.6			6:26	5:56	
6	Fri	6:37	5.5	7:04	4.7	12:01	-0.7	12:45	-0.9	6:24	5:57	
7	Sat	7:28	5.5	7:53	5.1	12:57	-1.0	1:31	-1.1	6:23	5:58	
8	Sun	8:16	5.5	8:39	5.3	1:48	-1.1	2:14	-1.1	6:21	5:59	
9	Mon	9:02	5.2	9:23	5.3	2:37	-1.1	2:56	-1.0	6:20	6:00	
10	Tue	9:47	4.8	10:09	5.2	3:26	-0.8	3:38	-0.7	6:18	6:01	
11	Wed	10:34	4.3	10:56	4.9	4:17	-0.5	4:23	-0.4	6:17	6:02	
12	Thu	11:23	3.9	11:46	4.6	5:12	-0.1	5:10	0.0	6:15	6:03	
13	Fri			12:15	3.5	6:09	0.3	6:00	0.4	6:14	6:04	
14	Sat	12:38	4.3	1:12	3.1	7:09	0.6	6:54	0.6	6:12	6:05	
15	Sun	1:37	4.1	2:18	3.0	8:16	0.8	7:55	0.8	6:11	6:06	
16	Mon	2:46	3.9	3:30	3.0	9:24	0.8	9:02	0.9	6:09	6:07	
17	Tue	3:52	4.0	4:28	3.2	10:21	0.7	10:03	0.7	6:08	6:08	
18	Wed	4:46	4.1	5:16	3.4	11:08	0.5	10:55	0.6	6:06	6:09	
19	Thu	5:31	4.3	5:59	3.7	11:48	0.4	11:41	0.3	6:04	6:10	
20	Fri	6:13	4.4	6:38	4.0			12:24	0.2	6:03	6:11	
21	Sat	6:52	4.5	7:15	4.3	12:24	0.1	12:57	0.0	6:01	6:12	
22	Sun	7:28	4.5	7:50	4.5	1:03	0.0	1:27	-0.1	6:00	6:13	
23	Mon	8:02	4.5	8:22	4.7	1:41	-0.1	1:56	-0.1	5:58	6:14	
24	Tue	8:35	4.4	8:54	4.8	2:17	-0.2	2:25	-0.1	5:57	6:15	
25	Wed	9:09	4.2	9:28	4.9	2:54	-0.1	2:56	0.0	5:55	6:16	
26	Thu	9:44	4.0	10:07	4.9	3:34	0.0	3:30	0.1	5:53	6:17	
27	Fri	10:26	3.8	10:53	4.8	4:21	0.1	4:12	0.2	5:52	6:18	
28	Sat	11:16	3.5	11:48	4.8	5:15	0.3	5:03	0.3	5:50	6:19	
29	Sun			12:16	3.4	6:17	0.4	6:04	0.4	5:49	6:19	
30	Mon	12:50	4.7	1:27	3.3	7:24	0.5	7:14	0.5	5:47	6:20	
31	Tue	2:03	4.7	2:48	3.5	8:35	0.4	8:33	0.4	5:46	6:21	