

Cape May (Atlantic Ocean), NJ - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:10	4.7	8:28	4.4	1:45	-0.4	2:09	-0.4	6:31	5:52	
2	Tue	8:45	4.6	9:02	4.4	2:22	-0.3	2:41	-0.3	6:30	5:53	
3	Wed	9:20	4.4	9:36	4.4	2:58	-0.2	3:12	-0.2	6:28	5:54	
4	Thu	9:54	4.1	10:11	4.3	3:34	0.0	3:44	0.0	6:27	5:55	
5	Fri	10:31	3.9	10:48	4.2	4:13	0.2	4:18	0.1	6:25	5:56	
6	Sat	11:09	3.6	11:28	4.1	4:55	0.4	4:55	0.3	6:24	5:57	
7	Sun	11:52	3.4			5:42	0.6	5:38	0.4	6:22	5:58	
8	Mon	12:13	4.0	12:40	3.2	6:34	0.7	6:27	0.5	6:21	5:59	
9	Tue	1:05	4.0	1:40	3.1	7:33	0.7	7:25	0.5	6:19	6:00	
10	Wed	2:09	4.1	2:53	3.2	8:41	0.7	8:34	0.4	6:18	6:01	
11	Thu	3:19	4.2	3:59	3.5	9:44	0.4	9:42	0.2	6:16	6:02	
12	Fri	4:21	4.5	4:56	3.9	10:39	0.1	10:42	-0.2	6:14	6:03	
13	Sat	5:16	4.9	5:47	4.4	11:29	-0.3	11:38	-0.5	6:13	6:04	
14	Sun	6:08	5.2	6:38	4.9			12:18	-0.7	6:11	6:05	
15	Mon	7:00	5.4	7:28	5.3	12:33	-0.9	1:04	-0.9	6:10	6:06	
16	Tue	7:50	5.4	8:16	5.6	1:25	-1.1	1:50	-1.1	6:08	6:07	
17	Wed	8:38	5.3	9:04	5.7	2:15	-1.2	2:35	-1.1	6:07	6:08	
18	Thu	9:27	5.1	9:54	5.7	3:06	-1.1	3:22	-1.0	6:05	6:09	
19	Fri	10:19	4.8	10:48	5.5	4:00	-0.9	4:13	-0.7	6:04	6:10	
20	Sat	11:15	4.4	11:45	5.2	4:58	-0.6	5:09	-0.4	6:02	6:11	
21	Sun			12:15	4.0	6:00	-0.2	6:08	0.0	6:00	6:12	
22	Mon	12:45	4.9	1:18	3.8	7:03	0.0	7:10	0.2	5:59	6:13	
23	Tue	1:50	4.6	2:28	3.6	8:08	0.2	8:18	0.4	5:57	6:14	
24	Wed	2:59	4.5	3:38	3.7	9:14	0.3	9:25	0.4	5:56	6:15	
25	Thu	4:02	4.4	4:35	3.8	10:12	0.3	10:24	0.4	5:54	6:16	
26	Fri	4:56	4.4	5:24	4.1	11:01	0.2	11:16	0.2	5:53	6:17	
27	Sat	5:42	4.5	6:07	4.3	11:45	0.1			5:51	6:18	
28	Sun	6:25	4.5	6:47	4.5	12:02	0.1	12:24	0.0	5:49	6:19	
29	Mon	7:05	4.6	7:24	4.7	12:45	0.0	1:01	-0.1	5:48	6:20	
30	Tue	7:43	4.6	7:59	4.8	1:24	-0.1	1:34	-0.1	5:46	6:21	
31	Wed	8:19	4.5	8:32	4.8	2:01	-0.1	2:06	-0.1	5:45	6:22	