

Cape May (Atlantic Ocean), NJ - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:31	4.6	11:37	5.3	5:09	0.0	5:11	0.3	5:38	8:29	
2	Fri			12:22	4.7	5:56	0.0	6:08	0.4	5:38	8:29	
3	Sat	12:28	5.1	1:16	4.8	6:46	0.0	7:09	0.5	5:39	8:28	
4	Sun	1:23	4.8	2:12	5.0	7:37	0.0	8:13	0.5	5:39	8:28	
5	Mon	2:22	4.6	3:14	5.1	8:33	0.1	9:21	0.5	5:40	8:28	
6	Tue	3:29	4.4	4:20	5.4	9:33	0.1	10:31	0.4	5:40	8:28	
7	Wed	4:40	4.3	5:21	5.6	10:35	0.1	11:34	0.2	5:41	8:27	
8	Thu	5:44	4.3	6:18	5.8	11:35	0.0			5:41	8:27	
9	Fri	6:43	4.4	7:13	6.0	12:33	0.0	12:31	-0.1	5:42	8:27	
10	Sat	7:40	4.5	8:05	6.0	1:29	-0.2	1:26	-0.2	5:43	8:26	
11	Sun	8:34	4.6	8:54	6.0	2:19	-0.3	2:17	-0.2	5:43	8:26	
12	Mon	9:22	4.7	9:39	5.9	3:06	-0.3	3:05	-0.1	5:44	8:26	
13	Tue	10:08	4.7	10:22	5.6	3:49	-0.3	3:51	0.1	5:45	8:25	
14	Wed	10:52	4.7	11:05	5.3	4:32	-0.1	4:37	0.3	5:46	8:25	
15	Thu	11:37	4.6	11:48	5.0	5:15	0.1	5:25	0.6	5:46	8:24	
16	Fri			12:23	4.5	5:58	0.3	6:15	0.8	5:47	8:23	
17	Sat	12:32	4.6	1:08	4.4	6:40	0.5	7:06	1.0	5:48	8:23	
18	Sun	1:17	4.3	1:53	4.4	7:22	0.6	7:58	1.2	5:49	8:22	
19	Mon	2:03	4.0	2:42	4.4	8:04	0.8	8:54	1.3	5:49	8:22	
20	Tue	2:55	3.8	3:37	4.4	8:50	0.9	9:56	1.3	5:50	8:21	
21	Wed	3:56	3.7	4:33	4.6	9:42	0.9	10:54	1.2	5:51	8:20	
22	Thu	4:55	3.7	5:24	4.8	10:35	0.8	11:46	1.0	5:52	8:19	
23	Fri	5:48	3.8	6:11	5.0	11:25	0.7			5:53	8:19	
24	Sat	6:37	3.9	6:56	5.3	12:33	0.8	12:14	0.5	5:53	8:18	
25	Sun	7:25	4.1	7:40	5.5	1:18	0.5	1:01	0.3	5:54	8:17	
26	Mon	8:11	4.4	8:24	5.7	2:00	0.2	1:48	0.2	5:55	8:16	
27	Tue	8:55	4.6	9:07	5.8	2:40	0.0	2:33	0.0	5:56	8:15	
28	Wed	9:38	4.8	9:49	5.8	3:20	-0.1	3:19	-0.1	5:57	8:14	
29	Thu	10:22	5.0	10:33	5.6	4:00	-0.2	4:06	-0.1	5:58	8:14	
30	Fri	11:09	5.2	11:21	5.4	4:43	-0.2	4:58	0.0	5:59	8:13	
31	Sat			12:01	5.2	5:30	-0.2	5:56	0.2	5:59	8:12	