

Cape May (Atlantic Ocean), NJ - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:13	5.1	12:56	5.3	6:22	-0.1	6:57	0.3	6:00	8:11	
2	Mon	1:09	4.8	1:53	5.3	7:16	0.1	8:01	0.5	6:01	8:10	
3	Tue	2:09	4.5	2:56	5.3	8:13	0.2	9:09	0.6	6:02	8:09	
4	Wed	3:17	4.3	4:04	5.4	9:15	0.3	10:18	0.5	6:03	8:07	
5	Thu	4:30	4.2	5:08	5.5	10:21	0.3	11:22	0.4	6:04	8:06	
6	Fri	5:35	4.3	6:06	5.6	11:22	0.3			6:05	8:05	
7	Sat	6:33	4.4	6:59	5.7	12:20	0.3	12:19	0.2	6:06	8:04	
8	Sun	7:26	4.6	7:49	5.8	1:12	0.1	1:13	0.1	6:07	8:03	
9	Mon	8:16	4.8	8:35	5.8	1:59	0.0	2:02	0.1	6:08	8:02	
10	Tue	9:00	4.9	9:17	5.7	2:42	-0.1	2:47	0.1	6:08	8:00	
11	Wed	9:41	4.9	9:56	5.5	3:21	0.0	3:30	0.2	6:09	7:59	
12	Thu	10:20	4.9	10:34	5.2	3:59	0.1	4:11	0.4	6:10	7:58	
13	Fri	10:59	4.9	11:13	4.9	4:36	0.2	4:53	0.6	6:11	7:57	
14	Sat	11:40	4.8	11:54	4.6	5:13	0.4	5:38	0.9	6:12	7:55	
15	Sun			12:22	4.7	5:52	0.6	6:26	1.1	6:13	7:54	
16	Mon	12:37	4.3	1:06	4.6	6:32	0.8	7:16	1.3	6:14	7:53	
17	Tue	1:22	4.0	1:52	4.5	7:14	1.0	8:09	1.4	6:15	7:52	
18	Wed	2:11	3.8	2:44	4.5	8:00	1.1	9:09	1.4	6:16	7:50	
19	Thu	3:10	3.7	3:44	4.6	8:53	1.1	10:12	1.3	6:17	7:49	
20	Fri	4:16	3.7	4:44	4.8	9:53	1.1	11:07	1.1	6:18	7:47	
21	Sat	5:15	3.9	5:36	5.1	10:51	0.9	11:56	0.9	6:18	7:46	
22	Sun	6:06	4.2	6:24	5.3	11:45	0.6			6:19	7:45	
23	Mon	6:54	4.5	7:10	5.6	12:42	0.5	12:36	0.4	6:20	7:43	
24	Tue	7:41	4.9	7:57	5.8	1:26	0.2	1:26	0.1	6:21	7:42	
25	Wed	8:27	5.2	8:43	5.9	2:09	-0.1	2:15	-0.1	6:22	7:40	
26	Thu	9:13	5.5	9:29	5.9	2:50	-0.3	3:03	-0.3	6:23	7:39	
27	Fri	9:58	5.7	10:15	5.7	3:32	-0.3	3:52	-0.3	6:24	7:37	
28	Sat	10:46	5.8	11:05	5.5	4:17	-0.3	4:45	-0.1	6:25	7:36	
29	Sun	11:39	5.8	11:59	5.1	5:05	-0.2	5:42	0.1	6:26	7:34	
30	Mon			12:35	5.7	5:58	0.0	6:45	0.3	6:27	7:33	
31	Tue	12:57	4.8	1:35	5.6	6:56	0.3	7:49	0.5	6:27	7:31	