

Cape May (Atlantic Ocean), NJ - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:00	4.5	2:39	5.5	7:56	0.5	8:56	0.6	6:28	7:30	
2	Thu	3:09	4.3	3:48	5.4	9:02	0.6	10:05	0.7	6:29	7:28	
3	Fri	4:22	4.3	4:54	5.4	10:09	0.6	11:07	0.6	6:30	7:27	
4	Sat	5:26	4.4	5:51	5.5	11:12	0.6			6:31	7:25	
5	Sun	6:20	4.6	6:42	5.5	12:01	0.5	12:08	0.5	6:32	7:24	
6	Mon	7:09	4.8	7:28	5.5	12:50	0.3	12:59	0.4	6:33	7:22	
7	Tue	7:53	5.0	8:11	5.5	1:34	0.2	1:45	0.3	6:34	7:20	
8	Wed	8:34	5.1	8:51	5.4	2:13	0.2	2:28	0.3	6:35	7:19	
9	Thu	9:12	5.2	9:28	5.3	2:50	0.2	3:07	0.3	6:36	7:17	
10	Fri	9:47	5.2	10:04	5.1	3:24	0.3	3:45	0.5	6:36	7:16	
11	Sat	10:23	5.2	10:41	4.8	3:57	0.4	4:23	0.7	6:37	7:14	
12	Sun	10:59	5.1	11:19	4.5	4:30	0.6	5:04	0.9	6:38	7:12	
13	Mon	11:38	4.9			5:05	0.8	5:48	1.1	6:39	7:11	
14	Tue	12:00	4.3	12:20	4.8	5:43	1.0	6:37	1.3	6:40	7:09	
15	Wed	12:46	4.0	1:05	4.7	6:27	1.1	7:29	1.4	6:41	7:08	
16	Thu	1:35	3.9	1:55	4.7	7:16	1.2	8:25	1.4	6:42	7:06	
17	Fri	2:32	3.8	2:54	4.7	8:10	1.3	9:26	1.3	6:43	7:04	
18	Sat	3:38	3.9	3:59	4.8	9:13	1.2	10:25	1.1	6:44	7:03	
19	Sun	4:41	4.1	4:58	5.1	10:19	1.0	11:17	0.8	6:44	7:01	
20	Mon	5:35	4.5	5:51	5.3	11:18	0.7			6:45	7:00	
21	Tue	6:24	4.9	6:40	5.6	12:04	0.5	12:12	0.3	6:46	6:58	
22	Wed	7:12	5.4	7:30	5.8	12:50	0.1	1:05	0.0	6:47	6:56	
23	Thu	8:00	5.8	8:19	5.9	1:36	-0.2	1:57	-0.3	6:48	6:55	
24	Fri	8:48	6.1	9:08	5.8	2:21	-0.4	2:48	-0.4	6:49	6:53	
25	Sat	9:35	6.3	9:57	5.7	3:06	-0.4	3:38	-0.4	6:50	6:52	
26	Sun	10:25	6.4	10:49	5.4	3:52	-0.3	4:31	-0.3	6:51	6:50	
27	Mon	11:18	6.2	11:45	5.0	4:41	-0.1	5:29	0.0	6:52	6:48	
28	Tue			12:16	6.0	5:36	0.1	6:31	0.2	6:53	6:47	
29	Wed	12:46	4.7	1:17	5.7	6:37	0.4	7:35	0.5	6:54	6:45	
30	Thu	1:50	4.5	2:20	5.5	7:41	0.7	8:39	0.6	6:55	6:44	