

Cape May (Atlantic Ocean), NJ - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:45	4.5	3:59	4.7	9:36	0.9	10:02	0.5	6:27	4:59	
2	Tue	4:34	4.7	4:48	4.6	10:30	0.8	10:46	0.5	6:28	4:58	
3	Wed	5:17	4.9	5:32	4.6	11:19	0.7	11:26	0.4	6:29	4:57	
4	Thu	5:57	5.1	6:13	4.6			12:03	0.5	6:30	4:56	
5	Fri	6:35	5.2	6:54	4.5	12:05	0.4	12:45	0.4	6:31	4:54	
6	Sat	7:13	5.3	7:33	4.5	12:41	0.3	1:24	0.4	6:32	4:53	
7	Sun	7:49	5.4	8:11	4.4	1:16	0.3	2:01	0.4	6:34	4:52	
8	Mon	8:23	5.4	8:48	4.3	1:49	0.4	2:37	0.4	6:35	4:51	
9	Tue	8:58	5.3	9:26	4.1	2:22	0.5	3:14	0.5	6:36	4:51	
10	Wed	9:32	5.2	10:05	3.9	2:56	0.6	3:53	0.6	6:37	4:50	
11	Thu	10:10	5.0	10:49	3.8	3:33	0.7	4:36	0.7	6:38	4:49	
12	Fri	10:53	4.9	11:38	3.8	4:17	0.9	5:23	0.8	6:39	4:48	
13	Sat	11:41	4.8			5:10	0.9	6:13	0.7	6:40	4:47	
14	Sun	12:31	3.9	12:35	4.7	6:09	1.0	7:04	0.6	6:41	4:46	
15	Mon	1:29	4.1	1:35	4.6	7:13	0.9	8:00	0.5	6:42	4:45	
16	Tue	2:32	4.4	2:41	4.6	8:22	0.7	8:58	0.3	6:44	4:45	
17	Wed	3:34	4.8	3:47	4.7	9:30	0.4	9:53	0.0	6:45	4:44	
18	Thu	4:29	5.3	4:46	4.8	10:32	0.1	10:46	-0.3	6:46	4:43	
19	Fri	5:22	5.8	5:42	4.9	11:30	-0.3	11:38	-0.5	6:47	4:43	
20	Sat	6:14	6.1	6:38	5.0			12:26	-0.6	6:48	4:42	
21	Sun	7:07	6.4	7:33	5.0	12:30	-0.7	1:20	-0.7	6:49	4:42	
22	Mon	7:59	6.5	8:26	4.9	1:22	-0.7	2:12	-0.8	6:50	4:41	
23	Tue	8:50	6.4	9:19	4.8	2:12	-0.7	3:03	-0.7	6:51	4:40	
24	Wed	9:41	6.1	10:14	4.6	3:03	-0.4	3:56	-0.5	6:52	4:40	
25	Thu	10:35	5.7	11:12	4.4	3:57	-0.1	4:52	-0.3	6:53	4:40	
26	Fri	11:31	5.3			4:56	0.2	5:49	0.0	6:54	4:39	
27	Sat	12:11	4.2	12:26	4.9	5:58	0.5	6:43	0.2	6:55	4:39	
28	Sun	1:09	4.2	1:22	4.5	6:59	0.7	7:37	0.3	6:56	4:38	
29	Mon	2:08	4.1	2:20	4.2	8:02	0.8	8:30	0.4	6:57	4:38	
30	Tue	3:07	4.2	3:19	4.0	9:05	0.9	9:21	0.4	6:58	4:38	