

Cape May (Atlantic Ocean), NJ - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:00	4.1	7:18	5.2	12:56	0.7	12:40	0.6	6:00	8:11	
2	Wed	7:45	4.2	8:00	5.3	1:39	0.5	1:24	0.5	6:01	8:10	
3	Thu	8:27	4.3	8:38	5.3	2:17	0.4	2:04	0.5	6:02	8:09	
4	Fri	9:06	4.4	9:15	5.3	2:53	0.3	2:43	0.4	6:03	8:08	
5	Sat	9:43	4.5	9:49	5.3	3:26	0.3	3:19	0.5	6:04	8:07	
6	Sun	10:19	4.5	10:23	5.1	3:58	0.3	3:56	0.5	6:04	8:06	
7	Mon	10:55	4.6	10:58	5.0	4:31	0.4	4:34	0.6	6:05	8:05	
8	Tue	11:33	4.6	11:36	4.8	5:05	0.4	5:18	0.7	6:06	8:03	
9	Wed			12:15	4.7	5:44	0.5	6:08	0.8	6:07	8:02	
10	Thu	12:19	4.6	1:02	4.8	6:28	0.5	7:03	0.9	6:08	8:01	
11	Fri	1:09	4.4	1:54	4.9	7:16	0.5	8:04	0.9	6:09	8:00	
12	Sat	2:06	4.2	2:55	5.1	8:11	0.5	9:11	0.8	6:10	7:59	
13	Sun	3:14	4.2	4:03	5.3	9:15	0.5	10:21	0.6	6:11	7:57	
14	Mon	4:29	4.3	5:09	5.6	10:23	0.3	11:25	0.3	6:12	7:56	
15	Tue	5:36	4.5	6:09	5.9	11:27	0.1			6:13	7:55	
16	Wed	6:37	4.8	7:05	6.2	12:24	0.0	12:28	-0.2	6:13	7:53	
17	Thu	7:34	5.1	8:01	6.3	1:19	-0.3	1:25	-0.4	6:14	7:52	
18	Fri	8:29	5.4	8:53	6.4	2:10	-0.5	2:20	-0.5	6:15	7:51	
19	Sat	9:20	5.6	9:42	6.2	2:59	-0.6	3:12	-0.5	6:16	7:49	
20	Sun	10:09	5.7	10:31	5.9	3:45	-0.6	4:03	-0.3	6:17	7:48	
21	Mon	10:59	5.6	11:20	5.6	4:31	-0.4	4:55	-0.1	6:18	7:47	
22	Tue	11:49	5.4			5:19	-0.1	5:51	0.3	6:19	7:45	
23	Wed	12:11	5.1	12:41	5.2	6:09	0.2	6:48	0.6	6:20	7:44	
24	Thu	1:02	4.7	1:33	5.0	6:59	0.5	7:46	0.9	6:21	7:42	
25	Fri	1:55	4.3	2:26	4.9	7:50	0.7	8:46	1.1	6:22	7:41	
26	Sat	2:52	4.1	3:25	4.7	8:43	1.0	9:48	1.2	6:23	7:40	
27	Sun	3:55	3.9	4:25	4.7	9:40	1.1	10:47	1.1	6:23	7:38	
28	Mon	4:54	3.9	5:18	4.8	10:36	1.1	11:38	1.0	6:24	7:37	
29	Tue	5:46	4.0	6:05	5.0	11:27	1.0			6:25	7:35	
30	Wed	6:32	4.2	6:48	5.1	12:24	0.9	12:14	0.8	6:26	7:34	
31	Thu	7:15	4.4	7:30	5.2	1:05	0.7	12:58	0.7	6:27	7:32	