

Cape May (Atlantic Ocean), NJ - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:03	5.4	5:25	5.5	11:03	0.0	11:25	-0.3	6:26	5:00	
2	Fri	5:55	5.8	6:18	5.5	11:59	-0.3			6:27	4:58	
3	Sat	6:45	6.1	7:10	5.4	12:14	-0.5	12:53	-0.4	6:28	4:57	
4	Sun	7:34	6.2	8:00	5.3	1:02	-0.5	1:43	-0.5	6:29	4:56	
5	Mon	8:20	6.2	8:48	5.1	1:47	-0.4	2:32	-0.4	6:31	4:55	
6	Tue	9:06	6.0	9:35	4.8	2:32	-0.2	3:20	-0.2	6:32	4:54	
7	Wed	9:51	5.8	10:25	4.5	3:17	0.1	4:11	0.1	6:33	4:53	
8	Thu	10:39	5.4	11:18	4.2	4:04	0.4	5:05	0.4	6:34	4:52	
9	Fri	11:30	5.1			4:56	0.7	5:59	0.6	6:35	4:51	
10	Sat	12:13	4.0	12:21	4.8	5:51	1.0	6:53	0.8	6:36	4:50	
11	Sun	1:08	3.9	1:14	4.5	6:47	1.2	7:47	0.8	6:37	4:49	
12	Mon	2:06	3.9	2:12	4.3	7:46	1.3	8:40	0.9	6:38	4:48	
13	Tue	3:05	4.0	3:10	4.3	8:47	1.2	9:29	0.8	6:39	4:48	
14	Wed	3:57	4.2	4:03	4.3	9:44	1.1	10:13	0.7	6:40	4:47	
15	Thu	4:41	4.5	4:49	4.3	10:34	0.9	10:52	0.5	6:42	4:46	
16	Fri	5:22	4.7	5:32	4.4	11:19	0.7	11:30	0.4	6:43	4:45	
17	Sat	6:02	5.0	6:14	4.4			12:03	0.5	6:44	4:45	
18	Sun	6:41	5.2	6:55	4.4	12:07	0.2	12:45	0.3	6:45	4:44	
19	Mon	7:19	5.4	7:36	4.4	12:44	0.1	1:26	0.1	6:46	4:43	
20	Tue	7:57	5.5	8:16	4.4	1:21	0.1	2:06	0.0	6:47	4:43	
21	Wed	8:36	5.6	8:58	4.3	1:59	0.0	2:47	0.0	6:48	4:42	
22	Thu	9:17	5.6	9:43	4.2	2:39	0.1	3:32	0.0	6:49	4:41	
23	Fri	10:03	5.5	10:35	4.1	3:23	0.2	4:23	0.0	6:50	4:41	
24	Sat	10:55	5.3	11:33	4.1	4:16	0.3	5:19	0.1	6:51	4:40	
25	Sun	11:53	5.2			5:17	0.4	6:16	0.1	6:52	4:40	
26	Mon	12:35	4.2	12:53	5.0	6:23	0.5	7:14	0.1	6:54	4:39	
27	Tue	1:40	4.3	1:59	4.8	7:32	0.5	8:14	0.0	6:55	4:39	
28	Wed	2:48	4.6	3:07	4.7	8:44	0.4	9:14	-0.1	6:56	4:39	
29	Thu	3:51	4.9	4:11	4.7	9:51	0.2	10:10	-0.3	6:57	4:38	
30	Fri	4:47	5.3	5:07	4.7	10:51	-0.1	11:02	-0.4	6:58	4:38	