

Cape May (Atlantic Ocean), NJ - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:30	4.8	11:04	3.9	3:56	0.0	4:46	-0.3	7:18	4:48	
2	Tue	11:18	4.5	11:56	4.1	4:51	0.1	5:33	-0.3	7:18	4:49	
3	Wed			12:11	4.2	5:52	0.2	6:22	-0.3	7:18	4:49	
4	Thu	12:52	4.3	1:08	3.9	6:57	0.2	7:15	-0.2	7:18	4:50	
5	Fri	1:53	4.4	2:15	3.7	8:08	0.2	8:14	-0.2	7:18	4:51	
6	Sat	3:01	4.7	3:28	3.5	9:22	0.1	9:17	-0.3	7:18	4:52	
7	Sun	4:07	4.9	4:35	3.5	10:30	-0.1	10:19	-0.4	7:18	4:53	
8	Mon	5:07	5.2	5:36	3.7	11:31	-0.3	11:17	-0.5	7:18	4:54	
9	Tue	6:04	5.4	6:34	3.8			12:27	-0.5	7:18	4:55	
10	Wed	6:58	5.5	7:29	3.9	12:14	-0.6	1:19	-0.7	7:18	4:56	
11	Thu	7:48	5.5	8:18	4.1	1:07	-0.7	2:06	-0.8	7:18	4:57	
12	Fri	8:34	5.4	9:04	4.1	1:56	-0.7	2:49	-0.8	7:17	4:58	
13	Sat	9:17	5.2	9:49	4.1	2:42	-0.6	3:32	-0.7	7:17	4:59	
14	Sun	10:00	4.8	10:34	4.0	3:28	-0.4	4:14	-0.5	7:17	5:00	
15	Mon	10:42	4.5	11:19	3.9	4:16	-0.1	4:57	-0.3	7:16	5:01	
16	Tue	11:24	4.1			5:05	0.2	5:38	0.0	7:16	5:02	
17	Wed	12:04	3.8	12:07	3.7	5:57	0.4	6:19	0.2	7:16	5:03	
18	Thu	12:50	3.8	12:52	3.3	6:49	0.6	7:00	0.3	7:15	5:04	
19	Fri	1:39	3.7	1:44	3.0	7:47	0.8	7:46	0.4	7:15	5:05	
20	Sat	2:36	3.8	2:47	2.8	8:51	0.8	8:39	0.5	7:14	5:07	
21	Sun	3:35	3.9	3:51	2.8	9:54	0.7	9:35	0.4	7:14	5:08	
22	Mon	4:29	4.1	4:47	2.9	10:49	0.5	10:27	0.3	7:13	5:09	
23	Tue	5:17	4.3	5:37	3.0	11:37	0.3	11:15	0.1	7:12	5:10	
24	Wed	6:02	4.6	6:24	3.2			12:22	0.0	7:12	5:11	
25	Thu	6:46	4.8	7:09	3.5	12:01	-0.1	1:03	-0.2	7:11	5:12	
26	Fri	7:28	5.0	7:51	3.7	12:46	-0.3	1:41	-0.5	7:10	5:13	
27	Sat	8:08	5.1	8:31	3.9	1:30	-0.5	2:17	-0.6	7:10	5:14	
28	Sun	8:47	5.1	9:11	4.1	2:12	-0.6	2:54	-0.7	7:09	5:16	
29	Mon	9:28	5.0	9:54	4.3	2:57	-0.6	3:33	-0.7	7:08	5:17	
30	Tue	10:12	4.7	10:41	4.4	3:45	-0.5	4:16	-0.7	7:07	5:18	
31	Wed	11:00	4.4	11:32	4.5	4:39	-0.4	5:03	-0.6	7:06	5:19	