

Cape May (Atlantic Ocean), NJ - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:45	4.3	11:12	5.0	4:28	-0.5	4:37	-0.6	6:32	5:52	
2	Fri	11:40	3.9			5:29	-0.3	5:31	-0.3	6:30	5:53	
3	Sat	12:10	4.9	12:41	3.6	6:34	0.0	6:30	-0.1	6:29	5:54	
4	Sun	1:14	4.7	1:52	3.3	7:44	0.2	7:36	0.1	6:27	5:55	
5	Mon	2:28	4.5	3:11	3.3	8:59	0.2	8:50	0.2	6:26	5:56	
6	Tue	3:43	4.5	4:21	3.5	10:07	0.1	9:59	0.1	6:24	5:57	
7	Wed	4:47	4.6	5:19	3.7	11:04	0.0	11:00	0.0	6:23	5:58	
8	Thu	5:41	4.8	6:09	4.0	11:54	-0.2	11:53	-0.2	6:21	5:59	
9	Fri	6:29	4.8	6:55	4.3			12:38	-0.4	6:20	6:00	
10	Sat	7:12	4.8	7:35	4.5	12:42	-0.3	1:17	-0.4	6:18	6:01	
11	Sun	7:51	4.8	8:13	4.7	1:25	-0.4	1:52	-0.4	6:17	6:02	
12	Mon	8:27	4.6	8:47	4.7	2:05	-0.4	2:25	-0.3	6:15	6:03	
13	Tue	9:01	4.4	9:21	4.7	2:42	-0.3	2:56	-0.2	6:14	6:04	
14	Wed	9:35	4.1	9:56	4.6	3:19	-0.1	3:26	0.0	6:12	6:05	
15	Thu	10:11	3.9	10:33	4.4	3:58	0.1	3:58	0.2	6:10	6:06	
16	Fri	10:48	3.6	11:14	4.3	4:41	0.4	4:32	0.4	6:09	6:07	
17	Sat	11:30	3.3	11:58	4.1	5:28	0.6	5:12	0.6	6:07	6:08	
18	Sun			12:16	3.1	6:19	0.8	5:59	0.8	6:06	6:09	
19	Mon	12:49	4.0	1:13	2.9	7:16	0.9	6:54	0.9	6:04	6:10	
20	Tue	1:50	4.0	2:24	2.9	8:22	0.9	8:01	0.9	6:03	6:11	
21	Wed	3:00	4.1	3:37	3.1	9:25	0.8	9:14	0.7	6:01	6:12	
22	Thu	4:02	4.3	4:33	3.5	10:18	0.5	10:16	0.4	5:59	6:13	
23	Fri	4:55	4.6	5:22	4.0	11:05	0.1	11:11	0.0	5:58	6:14	
24	Sat	5:43	4.8	6:08	4.5	11:49	-0.2			5:56	6:15	
25	Sun	6:31	5.0	6:53	5.0	12:04	-0.3	12:32	-0.5	5:55	6:16	
26	Mon	7:18	5.1	7:39	5.4	12:54	-0.6	1:14	-0.7	5:53	6:17	
27	Tue	8:05	5.1	8:24	5.7	1:43	-0.8	1:56	-0.8	5:52	6:18	
28	Wed	8:51	4.9	9:10	5.8	2:32	-0.9	2:39	-0.8	5:50	6:19	
29	Thu	9:40	4.7	10:00	5.7	3:22	-0.8	3:25	-0.6	5:48	6:20	
30	Fri	10:33	4.3	10:55	5.5	4:18	-0.5	4:16	-0.3	5:47	6:21	
31	Sat	11:32	4.0	11:55	5.2	5:20	-0.2	5:14	0.0	5:45	6:22	