

Cape May (Atlantic Ocean), NJ - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:19	3.8	4:07	4.6	9:23	0.8	10:16	1.1	5:37	8:29	
2	Mon	4:17	3.6	4:58	4.7	10:12	0.8	11:13	1.1	5:38	8:29	
3	Tue	5:12	3.6	5:45	4.8	10:59	0.8			5:38	8:28	
4	Wed	6:03	3.6	6:30	5.0	12:04	0.9	11:45 AM	0.8	5:39	8:28	
5	Thu	6:51	3.6	7:14	5.2	12:52	0.8	12:29	0.7	5:39	8:28	
6	Fri	7:38	3.7	7:57	5.3	1:37	0.6	1:13	0.6	5:40	8:28	
7	Sat	8:23	3.8	8:38	5.4	2:18	0.5	1:55	0.6	5:41	8:28	
8	Sun	9:04	3.9	9:16	5.4	2:56	0.3	2:35	0.5	5:41	8:27	
9	Mon	9:43	4.0	9:53	5.4	3:31	0.3	3:13	0.5	5:42	8:27	
10	Tue	10:21	4.1	10:30	5.3	4:06	0.2	3:53	0.5	5:43	8:27	
11	Wed	11:00	4.3	11:09	5.2	4:43	0.2	4:37	0.5	5:43	8:26	
12	Thu	11:43	4.4	11:53	5.0	5:22	0.2	5:27	0.6	5:44	8:26	
13	Fri			12:30	4.6	6:04	0.2	6:23	0.7	5:45	8:25	
14	Sat	12:41	4.7	1:20	4.8	6:50	0.2	7:24	0.7	5:45	8:25	
15	Sun	1:33	4.5	2:14	5.0	7:38	0.2	8:29	0.7	5:46	8:24	
16	Mon	2:32	4.2	3:17	5.2	8:33	0.3	9:41	0.7	5:47	8:24	
17	Tue	3:43	4.0	4:26	5.4	9:34	0.3	10:52	0.5	5:48	8:23	
18	Wed	4:55	4.0	5:30	5.7	10:40	0.2	11:56	0.3	5:48	8:23	
19	Thu	6:01	4.1	6:30	5.9	11:42	0.1			5:49	8:22	
20	Fri	7:02	4.3	7:27	6.1	12:56	0.1	12:42	-0.1	5:50	8:21	
21	Sat	8:01	4.5	8:22	6.1	1:51	-0.2	1:39	-0.2	5:51	8:21	
22	Sun	8:54	4.7	9:11	6.1	2:41	-0.3	2:33	-0.2	5:52	8:20	
23	Mon	9:43	4.8	9:58	5.9	3:27	-0.3	3:23	-0.1	5:52	8:19	
24	Tue	10:30	4.9	10:42	5.6	4:10	-0.3	4:11	0.0	5:53	8:18	
25	Wed	11:16	4.9	11:26	5.2	4:54	-0.1	5:00	0.3	5:54	8:17	
26	Thu			12:03	4.8	5:38	0.1	5:52	0.6	5:55	8:17	
27	Fri	12:11	4.8	12:49	4.7	6:21	0.4	6:45	0.8	5:56	8:16	
28	Sat	12:55	4.4	1:35	4.6	7:03	0.6	7:38	1.1	5:57	8:15	
29	Sun	1:41	4.0	2:23	4.6	7:45	0.8	8:33	1.2	5:57	8:14	
30	Mon	2:30	3.7	3:17	4.5	8:30	1.0	9:35	1.3	5:58	8:13	
31	Tue	3:30	3.5	4:15	4.6	9:21	1.1	10:38	1.3	5:59	8:12	