

































## Cape May (Atlantic Ocean), NJ - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:57	4.7	1:42	4.3	7:18	0.4	7:29	1.0	5:38	8:29	
2	Wed	1:43	4.4	2:31	4.3	8:01	0.6	8:24	1.1	5:38	8:29	
3	Thu	2:31	4.0	3:21	4.4	8:44	0.8	9:23	1.2	5:39	8:28	
4	Fri	3:25	3.8	4:14	4.5	9:29	0.9	10:24	1.2	5:39	8:28	
5	Sat	4:23	3.6	5:04	4.6	10:16	0.9	11:19	1.1	5:40	8:28	
6	Sun	5:18	3.5	5:51	4.8	11:03	0.9			5:40	8:28	
7	Mon	6:08	3.5	6:35	5.0	12:10	1.0	11:48 AM	0.8	5:41	8:27	
8	Tue	6:57	3.6	7:20	5.2	12:59	0.8	12:33	0.7	5:42	8:27	
9	Wed	7:45	3.7	8:03	5.4	1:44	0.6	1:17	0.6	5:42	8:27	
10	Thu	8:30	3.8	8:45	5.5	2:25	0.4	2:00	0.5	5:43	8:26	
11	Fri	9:12	3.9	9:25	5.6	3:03	0.3	2:42	0.4	5:44	8:26	
12	Sat	9:52	4.1	10:04	5.6	3:41	0.2	3:23	0.4	5:44	8:26	
13	Sun	10:33	4.2	10:44	5.5	4:19	0.1	4:07	0.4	5:45	8:25	
14	Mon	11:16	4.4	11:29	5.3	4:59	0.1	4:56	0.4	5:46	8:25	
15	Tue			12:04	4.6	5:42	0.1	5:52	0.5	5:47	8:24	
16	Wed	12:17	5.0	12:54	4.8	6:28	0.1	6:52	0.6	5:47	8:23	
17	Thu	1:08	4.7	1:48	5.0	7:16	0.1	7:55	0.7	5:48	8:23	
18	Fri	2:04	4.4	2:46	5.1	8:06	0.2	9:04	0.7	5:49	8:22	
19	Sat	3:08	4.1	3:52	5.3	9:03	0.3	10:16	0.6	5:50	8:22	
20	Sun	4:20	4.0	4:58	5.5	10:06	0.3	11:24	0.5	5:50	8:21	
21	Mon	5:28	4.0	5:59	5.7	11:09	0.2			5:51	8:20	
22	Tue	6:30	4.1	6:57	5.9	12:26	0.3	12:09	0.2	5:52	8:19	
23	Wed	7:30	4.2	7:52	6.0	1:23	0.1	1:07	0.1	5:53	8:19	
24	Thu	8:25	4.4	8:43	6.0	2:15	-0.1	2:01	0.0	5:54	8:18	
25	Fri	9:14	4.5	9:29	5.9	3:01	-0.1	2:51	0.0	5:55	8:17	
26	Sat	10:00	4.6	10:12	5.7	3:44	-0.1	3:37	0.1	5:55	8:16	
27	Sun	10:44	4.7	10:53	5.3	4:26	0.0	4:23	0.3	5:56	8:15	
28	Mon	11:28	4.6	11:35	5.0	5:07	0.2	5:10	0.6	5:57	8:14	
29	Tue			12:12	4.6	5:48	0.4	6:00	0.8	5:58	8:13	
30	Wed	12:17	4.6	12:56	4.5	6:28	0.6	6:50	1.0	5:59	8:13	
31	Thu	1:00	4.3	1:40	4.5	7:07	0.8	7:42	1.2	6:00	8:12	