US HARBORS www.USHarbors.com

Cape May (Atlantic Ocean), NJ - Jun 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:29	3.8	9:41	5.3	3:22	0.3	3:00	0.6	5:35	8:19	
2	Tue	10:07	3.8	10:18	5.2	3:59	0.4	3:35	0.7	5:35	8:19	
3	Wed	10:47	3.7	10:55	5.0	4:38	0.5	4:11	0.8	5:35	8:20	
4	Thu	11:29	3.6	11:35	4.9	5:18	0.6	4:50	0.9	5:34	8:21	
5	Fri			12:13	3.6	6:00	0.6	5:37	1.0	5:34	8:21	
6	Sat	12:17	4.7	12:58	3.7	6:42	0.7	6:31	1.1	5:34	8:22	
7	Sun	1:02	4.6	1:45	3.9	7:24	0.6	7:28	1.1	5:34	8:23	
8	Mon	1:50	4.4	2:36	4.2	8:08	0.6	8:29	1.0	5:34	8:23	
9	Tue	2:45	4.3	3:33	4.5	8:57	0.5	9:38	0.9	5:33	8:24	
10	Wed	3:49	4.2	4:32	4.9	9:51	0.3	10:45	0.6	5:33	8:24	
11	Thu	4:53	4.2	5:28	5.4	10:46	0.2	11:47	0.3	5:33	8:25	
12	Fri	5:53	4.2	6:22	5.8	11:40	0.0			5:33	8:25	
13	Sat	6:52	4.3	7:17	6.1	12:47	0.0	12:35	-0.2	5:33	8:26	
14	Sun	7:51	4.4	8:13	6.3	1:44	-0.3	1:30	-0.3	5:33	8:26	
15	Mon	8:49	4.5	9:08	6.4	2:39	-0.4	2:25	-0.4	5:33	8:26	
16	Tue	9:44	4.5	10:01	6.3	3:31	-0.5	3:19	-0.3	5:33	8:27	
17	Wed	10:39	4.6	10:54	6.1	4:23	-0.5	4:14	-0.2	5:33	8:27	
18	Thu	11:36	4.6	11:49	5.7	5:17	-0.4	5:11	0.1	5:33	8:27	
19	Fri			12:33	4.6	6:11	-0.2	6:13	0.3	5:34	8:28	
20	Sat	12:44	5.3	1:29	4.6	7:04	0.0	7:14	0.5	5:34	8:28	
21	Sun	1:38	4.9	2:24	4.6	7:54	0.2	8:15	0.7	5:34	8:28	
22	Mon	2:31	4.4	3:20	4.6	8:44	0.4	9:17	0.9	5:34	8:28	
23	Tue	3:28	4.1	4:16	4.7	9:34	0.5	10:20	0.9	5:35	8:29	
24	Wed	4:27	3.8	5:06	4.8	10:23	0.6	11:17	0.9	5:35	8:29	
25	Thu	5:21	3.7	5:53	4.9	11:10	0.7			5:35	8:29	
26	Fri	6:10	3.7	6:36	5.0	12:09	0.8	11:54 AM	0.7	5:36	8:29	
27	Sat	6:57	3.7	7:19	5.2	12:57	0.7	12:37	0.7	5:36	8:29	
28	Sun	7:43	3.7	8:02	5.3	1:43	0.6	1:19	0.6	5:36	8:29	
29	Mon	8:28	3.7	8:43	5.3	2:24	0.5	2:00	0.6	5:37	8:29	
30	Tue	9:09	3.8	9:21	5.3	3:02	0.4	2:38	0.6	5:37	8:29	