



## Cape May (Atlantic Ocean), NJ - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:48	3.8	9:57	5.3	3:38	0.4	3:15	0.6	5:38	8:29	☉
2	Thu	10:25	3.9	10:33	5.2	4:13	0.4	3:52	0.7	5:38	8:29	☉
3	Fri	11:03	3.9	11:09	5.0	4:49	0.4	4:31	0.8	5:39	8:28	☉
4	Sat	11:43	4.0	11:48	4.9	5:25	0.4	5:16	0.8	5:39	8:28	☾
5	Sun			12:25	4.2	6:04	0.4	6:07	0.9	5:40	8:28	☾
6	Mon	12:31	4.7	1:10	4.4	6:44	0.4	7:03	0.9	5:40	8:28	☾
7	Tue	1:17	4.5	1:59	4.6	7:28	0.4	8:04	0.9	5:41	8:28	☾
8	Wed	2:10	4.2	2:55	4.9	8:16	0.4	9:12	0.9	5:42	8:27	☾
9	Thu	3:14	4.0	4:00	5.2	9:12	0.3	10:24	0.7	5:42	8:27	☾
10	Fri	4:26	4.0	5:04	5.5	10:14	0.2	11:31	0.4	5:43	8:27	☾
11	Sat	5:34	4.0	6:04	5.8	11:17	0.1			5:44	8:26	☾
12	Sun	6:37	4.1	7:03	6.1	12:33	0.2	12:17	-0.1	5:44	8:26	☾
13	Mon	7:38	4.3	8:01	6.3	1:32	-0.1	1:17	-0.2	5:45	8:25	☾
14	Tue	8:36	4.6	8:56	6.3	2:26	-0.4	2:14	-0.3	5:46	8:25	☾
15	Wed	9:30	4.8	9:47	6.2	3:15	-0.5	3:08	-0.3	5:46	8:24	☾
16	Thu	10:21	4.9	10:36	6.0	4:03	-0.5	4:00	-0.2	5:47	8:24	☾
17	Fri	11:12	4.9	11:25	5.6	4:51	-0.4	4:54	0.0	5:48	8:23	☾
18	Sat			12:04	4.9	5:39	-0.2	5:50	0.3	5:49	8:22	☾
19	Sun	12:15	5.1	12:55	4.9	6:27	0.1	6:47	0.6	5:49	8:22	☾
20	Mon	1:04	4.7	1:45	4.8	7:14	0.3	7:44	0.8	5:50	8:21	☾
21	Tue	1:53	4.2	2:36	4.7	7:59	0.6	8:42	1.0	5:51	8:20	☾
22	Wed	2:45	3.9	3:30	4.7	8:46	0.8	9:45	1.1	5:52	8:20	☾
23	Thu	3:44	3.6	4:27	4.7	9:37	0.9	10:46	1.2	5:53	8:19	☾
24	Fri	4:45	3.5	5:20	4.8	10:30	1.0	11:42	1.1	5:54	8:18	☾
25	Sat	5:40	3.5	6:08	4.9	11:21	1.0			5:54	8:17	☉
26	Sun	6:30	3.6	6:53	5.1	12:32	0.9	12:08	0.9	5:55	8:16	☉
27	Mon	7:18	3.7	7:37	5.2	1:17	0.8	12:54	0.8	5:56	8:16	☉
28	Tue	8:03	3.9	8:19	5.4	1:59	0.6	1:37	0.7	5:57	8:15	☉
29	Wed	8:44	4.0	8:57	5.4	2:36	0.5	2:18	0.6	5:58	8:14	☉
30	Thu	9:22	4.2	9:33	5.4	3:09	0.3	2:56	0.5	5:59	8:13	☉
31	Fri	9:57	4.3	10:07	5.3	3:42	0.3	3:34	0.5	6:00	8:12	☉