US HARBORS www.USHarbors.com

Cape May (Atlantic Ocean), NJ - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**9:48**	3.8	**9:57**	5.3	**3:38**	0.4	**3:15**	0.6	5:38	8:29	
2	Thu	**10:25**	3.9	**10:33**	5.2	**4:13**	0.4	**3:52**	0.7	5:38	8:29	
3	Fri	**11:03**	3.9	**11:09**	5.0	**4:49**	0.4	**4:31**	0.8	5:39	8:28	
4	Sat	**11:43**	4.0	**11:48**	4.9	**5:25**	0.4	**5:16**	0.8	5:39	8:28	
5	Sun			**12:25**	4.2	**6:04**	0.4	**6:07**	0.9	5:40	8:28	
6	Mon	**12:31**	4.7	**1:10**	4.4	**6:44**	0.4	**7:03**	0.9	5:40	8:28	
7	Tue	**1:17**	4.5	**1:59**	4.6	**7:28**	0.4	**8:04**	0.9	5:41	8:28	
8	Wed	**2:10**	4.2	**2:55**	4.9	**8:16**	0.4	**9:12**	0.9	5:42	8:27	
9	Thu	**3:14**	4.0	**4:00**	5.2	**9:12**	0.3	**10:24**	0.7	5:42	8:27	
10	Fri	**4:26**	4.0	**5:04**	5.5	**10:14**	0.2	**11:31**	0.4	5:43	8:27	
11	Sat	**5:34**	4.0	**6:04**	5.8	**11:17**	0.1			5:44	8:26	
12	Sun	**6:37**	4.1	**7:03**	6.1	**12:33**	0.2	**12:17**	-0.1	5:44	8:26	
13	Mon	**7:38**	4.3	**8:01**	6.3	**1:32**	-0.1	**1:17**	-0.2	5:45	8:25	
14	Tue	**8:36**	4.6	**8:56**	6.3	**2:26**	-0.4	**2:14**	-0.3	5:46	8:25	
15	Wed	**9:30**	4.8	**9:47**	6.2	**3:15**	-0.5	**3:08**	-0.3	5:46	8:24	
16	Thu	**10:21**	4.9	**10:36**	6.0	**4:03**	-0.5	**4:00**	-0.2	5:47	8:24	
17	Fri	**11:12**	4.9	**11:25**	5.6	**4:51**	-0.4	**4:54**	0.0	5:48	8:23	
18	Sat			**12:04**	4.9	**5:39**	-0.2	**5:50**	0.3	5:49	8:22	
19	Sun	**12:15**	5.1	**12:55**	4.9	**6:27**	0.1	**6:47**	0.6	5:49	8:22	
20	Mon	**1:04**	4.7	**1:45**	4.8	**7:14**	0.3	**7:44**	0.8	5:50	8:21	
21	Tue	**1:53**	4.2	**2:36**	4.7	**7:59**	0.6	**8:42**	1.0	5:51	8:20	
22	Wed	**2:45**	3.9	**3:30**	4.7	**8:46**	0.8	**9:45**	1.1	5:52	8:20	
23	Thu	**3:44**	3.6	**4:27**	4.7	**9:37**	0.9	**10:46**	1.2	5:53	8:19	
24	Fri	**4:45**	3.5	**5:20**	4.8	**10:30**	1.0	**11:42**	1.1	5:54	8:18	
25	Sat	**5:40**	3.5	**6:08**	4.9	**11:21**	1.0			5:54	8:17	
26	Sun	**6:30**	3.6	**6:53**	5.1	**12:32**	0.9	**12:08**	0.9	5:55	8:16	
27	Mon	**7:18**	3.7	**7:37**	5.2	**1:17**	0.8	**12:54**	0.8	5:56	8:16	
28	Tue	**8:03**	3.9	**8:19**	5.4	**1:59**	0.6	**1:37**	0.7	5:57	8:15	
29	Wed	**8:44**	4.0	**8:57**	5.4	**2:36**	0.5	**2:18**	0.6	5:58	8:14	
30	Thu	**9:22**	4.2	**9:33**	5.4	**3:09**	0.3	**2:56**	0.5	5:59	8:13	
31	Fri	**9:57**	4.3	**10:07**	5.3	**3:42**	0.3	**3:34**	0.5	6:00	8:12	