

































Cape May (Atlantic Ocean), NJ - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:32	4.5	10:43	5.1	4:14	0.3	4:13	0.6	6:00	8:11	
2	Sun	11:10	4.6	11:21	4.9	4:48	0.3	4:57	0.6	6:01	8:10	
3	Mon	11:51	4.8			5:26	0.3	5:48	0.7	6:02	8:09	
4	Tue	12:04	4.7	12:38	4.9	6:08	0.4	6:45	0.8	6:03	8:08	
5	Wed	12:53	4.4	1:29	5.0	6:54	0.4	7:46	0.9	6:04	8:06	
6	Thu	1:48	4.1	2:28	5.1	7:46	0.5	8:56	0.9	6:05	8:05	
7	Fri	2:54	3.9	3:38	5.3	8:47	0.5	10:11	0.8	6:06	8:04	
8	Sat	4:13	3.9	4:50	5.5	9:56	0.5	11:20	0.6	6:07	8:03	
9	Sun	5:25	4.0	5:54	5.8	11:04	0.3			6:08	8:02	
10	Mon	6:28	4.3	6:53	6.0	12:21	0.3	12:08	0.1	6:09	8:01	
11	Tue	7:27	4.6	7:49	6.1	1:17	0.0	1:07	-0.1	6:09	7:59	
12	Wed	8:21	4.9	8:41	6.2	2:07	-0.2	2:03	-0.2	6:10	7:58	
13	Thu	9:11	5.1	9:28	6.0	2:54	-0.3	2:55	-0.2	6:11	7:57	
14	Fri	9:58	5.3	10:13	5.8	3:37	-0.3	3:44	-0.1	6:12	7:56	
15	Sat	10:43	5.3	10:57	5.4	4:19	-0.2	4:32	0.1	6:13	7:54	
16	Sun	11:28	5.2	11:41	4.9	5:01	0.0	5:23	0.4	6:14	7:53	
17	Mon			12:15	5.1	5:44	0.3	6:15	0.7	6:15	7:52	
18	Tue	12:27	4.5	1:02	4.9	6:28	0.6	7:09	1.0	6:16	7:50	
19	Wed	1:14	4.1	1:50	4.8	7:12	0.9	8:05	1.2	6:17	7:49	
20	Thu	2:04	3.8	2:43	4.7	7:58	1.1	9:07	1.4	6:18	7:48	
21	Fri	3:02	3.5	3:44	4.6	8:50	1.3	10:12	1.4	6:18	7:46	
22	Sat	4:11	3.4	4:45	4.7	9:51	1.3	11:11	1.3	6:19	7:45	
23	Sun	5:13	3.5	5:38	4.9	10:49	1.2			6:20	7:43	
24	Mon	6:04	3.7	6:24	5.1	12:01	1.1	11:41 AM	1.1	6:21	7:42	
25	Tue	6:50	3.9	7:08	5.2	12:44	0.9	12:28	0.9	6:22	7:40	
26	Wed	7:33	4.2	7:49	5.4	1:24	0.7	1:13	0.7	6:23	7:39	
27	Thu	8:13	4.5	8:27	5.5	2:00	0.5	1:55	0.5	6:24	7:38	
28	Fri	8:50	4.7	9:04	5.5	2:33	0.3	2:35	0.4	6:25	7:36	
29	Sat	9:25	5.0	9:40	5.4	3:05	0.2	3:14	0.3	6:26	7:35	
30	Sun	10:01	5.2	10:17	5.2	3:38	0.2	3:55	0.4	6:27	7:33	
31	Mon	10:39	5.3	10:58	4.9	4:13	0.2	4:40	0.5	6:27	7:32	