US HARBORS www.USHarbors.com

Cape May (Atlantic Ocean), NJ - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**10:32**	4.5	**10:43**	5.1	**4:14**	0.3	**4:13**	0.6	6:00	8:11	
2	Sun	**11:10**	4.6	**11:21**	4.9	**4:48**	0.3	**4:57**	0.6	6:01	8:10	
3	Mon	**11:51**	4.8			**5:26**	0.3	**5:48**	0.7	6:02	8:09	
4	Tue	**12:04**	4.7	**12:38**	4.9	**6:08**	0.4	**6:45**	0.8	6:03	8:08	
5	Wed	**12:53**	4.4	**1:29**	5.0	**6:54**	0.4	**7:46**	0.9	6:04	8:06	
6	Thu	**1:48**	4.1	**2:28**	5.1	**7:46**	0.5	**8:56**	0.9	6:05	8:05	
7	Fri	**2:54**	3.9	**3:38**	5.3	**8:47**	0.5	**10:11**	0.8	6:06	8:04	
8	Sat	**4:13**	3.9	**4:50**	5.5	**9:56**	0.5	**11:20**	0.6	6:07	8:03	
9	Sun	**5:25**	4.0	**5:54**	5.8	**11:04**	0.3			6:08	8:02	
10	Mon	**6:28**	4.3	**6:53**	6.0	**12:21**	0.3	**12:08**	0.1	6:09	8:01	
11	Tue	**7:27**	4.6	**7:49**	6.1	**1:17**	0.0	**1:07**	-0.1	6:09	7:59	
12	Wed	**8:21**	4.9	**8:41**	6.2	**2:07**	-0.2	**2:03**	-0.2	6:10	7:58	
13	Thu	**9:11**	5.1	**9:28**	6.0	**2:54**	-0.3	**2:55**	-0.2	6:11	7:57	
14	Fri	**9:58**	5.3	**10:13**	5.8	**3:37**	-0.3	**3:44**	-0.1	6:12	7:56	
15	Sat	**10:43**	5.3	**10:57**	5.4	**4:19**	-0.2	**4:32**	0.1	6:13	7:54	
16	Sun	**11:28**	5.2	**11:41**	4.9	**5:01**	0.0	**5:23**	0.4	6:14	7:53	
17	Mon			**12:15**	5.1	**5:44**	0.3	**6:15**	0.7	6:15	7:52	
18	Tue	**12:27**	4.5	**1:02**	4.9	**6:28**	0.6	**7:09**	1.0	6:16	7:50	
19	Wed	**1:14**	4.1	**1:50**	4.8	**7:12**	0.9	**8:05**	1.2	6:17	7:49	
20	Thu	**2:04**	3.8	**2:43**	4.7	**7:58**	1.1	**9:07**	1.4	6:18	7:48	
21	Fri	**3:02**	3.5	**3:44**	4.6	**8:50**	1.3	**10:12**	1.4	6:18	7:46	
22	Sat	**4:11**	3.4	**4:45**	4.7	**9:51**	1.3	**11:11**	1.3	6:19	7:45	
23	Sun	**5:13**	3.5	**5:38**	4.9	**10:49**	1.2			6:20	7:43	
24	Mon	**6:04**	3.7	**6:24**	5.1	**12:01**	1.1	**11:41 AM**	1.1	6:21	7:42	
25	Tue	**6:50**	3.9	**7:08**	5.2	**12:44**	0.9	**12:28**	0.9	6:22	7:40	
26	Wed	**7:33**	4.2	**7:49**	5.4	**1:24**	0.7	**1:13**	0.7	6:23	7:39	
27	Thu	**8:13**	4.5	**8:27**	5.5	**2:00**	0.5	**1:55**	0.5	6:24	7:38	
28	Fri	**8:50**	4.7	**9:04**	5.5	**2:33**	0.3	**2:35**	0.4	6:25	7:36	
29	Sat	**9:25**	5.0	**9:40**	5.4	**3:05**	0.2	**3:14**	0.3	6:26	7:35	
30	Sun	**10:01**	5.2	**10:17**	5.2	**3:38**	0.2	**3:55**	0.4	6:27	7:33	
31	Mon	**10:39**	5.3	**10:58**	4.9	**4:13**	0.2	**4:40**	0.5	6:27	7:32	