US HARBORS www.USHarbors.com

Cape May (Atlantic Ocean), NJ - Sep 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:22	5.4	11:44	4.6	4:51	0.3	5:32	0.6	6:28	7:30	
2	Wed			12:12	5.4	5:36	0.4	6:32	0.8	6:29	7:28	
3	Thu	12:37	4.3	1:09	5.4	6:29	0.5	7:37	0.9	6:30	7:27	
4	Fri	1:38	4.1	2:12	5.4	7:27	0.7	8:48	0.9	6:31	7:25	
5	Sat	2:50	3.9	3:26	5.4	8:34	0.8	10:02	0.9	6:32	7:24	
6	Sun	4:11	4.0	4:41	5.5	9:48	0.7	11:09	0.7	6:33	7:22	
7	Mon	5:21	4.2	5:45	5.7	10:59	0.6			6:34	7:21	
8	Tue	6:20	4.6	6:41	5.8	12:06	0.4	12:01	0.3	6:35	7:19	
9	Wed	7:13	5.0	7:33	5.9	12:57	0.1	12:58	0.1	6:36	7:17	
10	Thu	8:03	5.3	8:21	5.8	1:43	0.0	1:51	0.0	6:36	7:16	
11	Fri	8:48	5.5	9:05	5.7	2:26	-0.1	2:39	-0.1	6:37	7:14	
12	Sat	9:30	5.7	9:46	5.4	3:06	-0.1	3:25	0.0	6:38	7:13	
13	Sun	10:11	5.6	10:26	5.1	3:43	0.1	4:08	0.2	6:39	7:11	
14	Mon	10:51	5.5	11:07	4.7	4:20	0.3	4:54	0.5	6:40	7:09	
15	Tue	11:33	5.3	11:50	4.3	4:58	0.6	5:42	0.8	6:41	7:08	
16	Wed			12:17	5.1	5:39	0.9	6:34	1.1	6:42	7:06	
17	Thu	12:37	4.0	1:05	4.9	6:23	1.2	7:29	1.3	6:43	7:05	
18	Fri	1:28	3.7	1:58	4.7	7:12	1.4	8:28	1.5	6:44	7:03	
19	Sat	2:26	3.5	2:58	4.6	8:06	1.5	9:32	1.5	6:44	7:01	
20	Sun	3:35	3.5	4:03	4.6	9:09	1.6	10:32	1.4	6:45	7:00	
21	Mon	4:41	3.6	5:01	4.8	10:15	1.5	11:21	1.2	6:46	6:58	
22	Tue	5:33	3.9	5:49	5.0	11:11	1.3			6:47	6:57	
23	Wed	6:17	4.2	6:32	5.1	12:03	1.0	12:00	1.0	6:48	6:55	
24	Thu	6:57	4.6	7:13	5.3	12:40	0.7	12:45	0.7	6:49	6:53	
25	Fri	7:36	5.0	7:53	5.4	1:17	0.5	1:29	0.5	6:50	6:52	
26	Sat	8:15	5.3	8:34	5.4	1:52	0.3	2:12	0.3	6:51	6:50	
27	Sun	8:53	5.6	9:14	5.3	2:28	0.1	2:55	0.2	6:52	6:49	
28	Mon	9:32	5.8	9:55	5.1	3:04	0.1	3:39	0.2	6:53	6:47	
29	Tue	10:14	5.9	10:39	4.8	3:42	0.1	4:27	0.3	6:54	6:45	
30	Wed	11:00	5.9	11:31	4.5	4:24	0.2	5:21	0.4	6:54	6:44	