

































Cape May (Atlantic Ocean), NJ - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:08	5.3	5:32	3.9	11:24	-0.4	11:20	-0.6	7:18	4:48	
2	Wed	6:04	5.6	6:30	4.1			12:21	-0.7	7:18	4:49	
3	Thu	6:58	5.7	7:26	4.2	12:17	-0.8	1:13	-0.9	7:18	4:50	
4	Fri	7:49	5.8	8:17	4.3	1:10	-0.9	2:02	-1.0	7:18	4:50	
5	Sat	8:37	5.6	9:05	4.3	2:00	-0.8	2:47	-0.9	7:18	4:51	
6	Sun	9:22	5.4	9:52	4.2	2:48	-0.7	3:32	-0.8	7:18	4:52	
7	Mon	10:08	5.0	10:39	4.1	3:36	-0.4	4:17	-0.6	7:18	4:53	
8	Tue	10:53	4.6	11:27	4.0	4:27	-0.1	5:03	-0.4	7:18	4:54	
9	Wed	11:39	4.2			5:20	0.2	5:48	-0.1	7:18	4:55	
10	Thu	12:15	3.9	12:25	3.8	6:13	0.4	6:32	0.1	7:18	4:56	
11	Fri	1:03	3.8	1:14	3.5	7:08	0.6	7:17	0.2	7:17	4:57	
12	Sat	1:55	3.8	2:09	3.2	8:08	0.7	8:05	0.4	7:17	4:58	
13	Sun	2:52	3.8	3:11	3.0	9:12	0.7	8:58	0.4	7:17	4:59	
14	Mon	3:49	4.0	4:09	3.0	10:10	0.6	9:50	0.3	7:16	5:00	
15	Tue	4:39	4.1	5:01	3.1	11:02	0.5	10:39	0.2	7:16	5:01	
16	Wed	5:25	4.4	5:49	3.2	11:49	0.2	11:25	0.0	7:16	5:02	
17	Thu	6:09	4.6	6:35	3.4			12:31	0.0	7:15	5:03	
18	Fri	6:51	4.8	7:18	3.6	12:10	-0.2	1:11	-0.2	7:15	5:05	
19	Sat	7:31	4.9	7:59	3.8	12:53	-0.3	1:47	-0.4	7:14	5:06	
20	Sun	8:10	5.0	8:37	3.9	1:34	-0.4	2:22	-0.5	7:14	5:07	
21	Mon	8:47	5.0	9:17	4.1	2:15	-0.5	2:58	-0.6	7:13	5:08	
22	Tue	9:26	4.9	9:59	4.2	2:58	-0.5	3:37	-0.6	7:13	5:09	
23	Wed	10:09	4.7	10:45	4.3	3:44	-0.4	4:19	-0.6	7:12	5:10	
24	Thu	10:56	4.4	11:37	4.4	4:38	-0.3	5:06	-0.5	7:11	5:11	
25	Fri	11:48	4.1			5:37	-0.2	5:57	-0.4	7:11	5:12	
26	Sat	12:32	4.5	12:46	3.7	6:40	0.0	6:52	-0.3	7:10	5:14	
27	Sun	1:34	4.5	1:53	3.5	7:49	0.1	7:55	-0.2	7:09	5:15	
28	Mon	2:45	4.6	3:10	3.4	9:03	0.0	9:04	-0.3	7:08	5:16	
29	Tue	3:55	4.8	4:22	3.5	10:11	-0.1	10:10	-0.4	7:08	5:17	
30	Wed	4:57	5.0	5:24	3.7	11:12	-0.4	11:10	-0.5	7:07	5:18	
31	Thu	5:53	5.2	6:20	3.9			12:07	-0.6	7:06	5:19	