



## Cape May (Atlantic Ocean), NJ - Jul 2030

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Mon | 9:13  | 4.0 | 9:20  | 5.4 | 3:03  | 0.3  | 2:42  | 0.4  | 5:38  | 8:29 | ☀   |
| 2    | Tue | 9:52  | 4.1 | 9:55  | 5.3 | 3:38  | 0.3  | 3:20  | 0.4  | 5:38  | 8:29 | ☀   |
| 3    | Wed | 10:29 | 4.2 | 10:31 | 5.2 | 4:12  | 0.3  | 3:58  | 0.5  | 5:39  | 8:28 | ☀   |
| 4    | Thu | 11:08 | 4.2 | 11:09 | 5.1 | 4:48  | 0.3  | 4:41  | 0.6  | 5:39  | 8:28 | ☀   |
| 5    | Fri | 11:51 | 4.4 | 11:51 | 4.9 | 5:26  | 0.3  | 5:29  | 0.6  | 5:40  | 8:28 | ☀   |
| 6    | Sat |       |     | 12:36 | 4.5 | 6:08  | 0.3  | 6:24  | 0.7  | 5:40  | 8:28 | ☀   |
| 7    | Sun | 12:38 | 4.7 | 1:26  | 4.7 | 6:53  | 0.3  | 7:23  | 0.7  | 5:41  | 8:28 | ☀   |
| 8    | Mon | 1:29  | 4.5 | 2:20  | 4.9 | 7:42  | 0.3  | 8:26  | 0.7  | 5:42  | 8:27 | ☀   |
| 9    | Tue | 2:28  | 4.3 | 3:23  | 5.1 | 8:36  | 0.3  | 9:36  | 0.6  | 5:42  | 8:27 | ☀   |
| 10   | Wed | 3:38  | 4.1 | 4:29  | 5.4 | 9:39  | 0.2  | 10:46 | 0.4  | 5:43  | 8:27 | ☀   |
| 11   | Thu | 4:50  | 4.1 | 5:31  | 5.7 | 10:43 | 0.1  | 11:50 | 0.2  | 5:44  | 8:26 | ☀   |
| 12   | Fri | 5:56  | 4.2 | 6:30  | 6.0 | 11:45 | -0.1 |       |      | 5:44  | 8:26 | ☀   |
| 13   | Sat | 6:58  | 4.4 | 7:27  | 6.2 | 12:49 | -0.1 | 12:44 | -0.2 | 5:45  | 8:25 | ☀   |
| 14   | Sun | 7:57  | 4.6 | 8:22  | 6.3 | 1:45  | -0.3 | 1:42  | -0.3 | 5:46  | 8:25 | ☀   |
| 15   | Mon | 8:52  | 4.8 | 9:13  | 6.3 | 2:36  | -0.5 | 2:36  | -0.4 | 5:46  | 8:24 | ☀   |
| 16   | Tue | 9:43  | 5.0 | 10:01 | 6.1 | 3:24  | -0.6 | 3:27  | -0.3 | 5:47  | 8:24 | ☀   |
| 17   | Wed | 10:32 | 5.0 | 10:48 | 5.8 | 4:10  | -0.5 | 4:17  | -0.1 | 5:48  | 8:23 | ☀   |
| 18   | Thu | 11:21 | 5.0 | 11:35 | 5.4 | 4:56  | -0.3 | 5:09  | 0.2  | 5:49  | 8:22 | ☀   |
| 19   | Fri |       |     | 12:10 | 4.9 | 5:43  | -0.1 | 6:04  | 0.5  | 5:49  | 8:22 | ☀   |
| 20   | Sat | 12:23 | 4.9 | 12:59 | 4.8 | 6:29  | 0.2  | 6:59  | 0.7  | 5:50  | 8:21 | ☀   |
| 21   | Sun | 1:11  | 4.5 | 1:47  | 4.7 | 7:14  | 0.4  | 7:54  | 1.0  | 5:51  | 8:20 | ☀   |
| 22   | Mon | 1:59  | 4.1 | 2:37  | 4.6 | 7:59  | 0.6  | 8:52  | 1.1  | 5:52  | 8:20 | ☀   |
| 23   | Tue | 2:52  | 3.8 | 3:32  | 4.5 | 8:46  | 0.8  | 9:54  | 1.2  | 5:53  | 8:19 | ☀   |
| 24   | Wed | 3:51  | 3.6 | 4:29  | 4.6 | 9:38  | 0.9  | 10:53 | 1.2  | 5:54  | 8:18 | ☀   |
| 25   | Thu | 4:51  | 3.6 | 5:21  | 4.7 | 10:31 | 0.9  | 11:46 | 1.1  | 5:54  | 8:17 | ☀   |
| 26   | Fri | 5:45  | 3.7 | 6:08  | 4.9 | 11:22 | 0.9  |       |      | 5:55  | 8:16 | ☀   |
| 27   | Sat | 6:34  | 3.8 | 6:53  | 5.1 | 12:33 | 0.9  | 12:09 | 0.7  | 5:56  | 8:16 | ☀   |
| 28   | Sun | 7:20  | 4.0 | 7:36  | 5.3 | 1:17  | 0.7  | 12:55 | 0.6  | 5:57  | 8:15 | ☀   |
| 29   | Mon | 8:05  | 4.1 | 8:16  | 5.4 | 1:57  | 0.5  | 1:38  | 0.5  | 5:58  | 8:14 | ☀   |
| 30   | Tue | 8:46  | 4.3 | 8:54  | 5.5 | 2:33  | 0.3  | 2:20  | 0.4  | 5:59  | 8:13 | ☀   |
| 31   | Wed | 9:24  | 4.5 | 9:31  | 5.4 | 3:07  | 0.2  | 3:00  | 0.3  | 6:00  | 8:12 | ☀   |