




























Cape May (Atlantic Ocean), NJ - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:12	4.3	5:52	0.3	5:51	0.8	5:38	8:29	
2	Sat	12:14	4.8	12:58	4.3	6:35	0.4	6:42	1.0	5:38	8:29	
3	Sun	12:58	4.5	1:44	4.2	7:17	0.6	7:32	1.1	5:39	8:28	
4	Mon	1:43	4.2	2:32	4.3	7:59	0.7	8:25	1.2	5:39	8:28	
5	Tue	2:31	4.0	3:24	4.3	8:42	0.8	9:24	1.2	5:40	8:28	
6	Wed	3:27	3.8	4:18	4.5	9:30	0.8	10:24	1.2	5:41	8:28	
7	Thu	4:27	3.7	5:09	4.7	10:21	0.8	11:18	1.0	5:41	8:27	
8	Fri	5:22	3.8	5:56	5.0	11:10	0.7			5:42	8:27	
9	Sat	6:12	3.9	6:41	5.2	12:09	0.8	11:57 AM	0.5	5:42	8:27	
10	Sun	7:01	4.0	7:27	5.5	12:56	0.5	12:44	0.3	5:43	8:26	
11	Mon	7:50	4.2	8:12	5.7	1:42	0.2	1:32	0.1	5:44	8:26	
12	Tue	8:38	4.4	8:57	5.9	2:26	0.0	2:19	0.0	5:44	8:26	
13	Wed	9:24	4.6	9:41	5.9	3:09	-0.2	3:06	-0.1	5:45	8:25	
14	Thu	10:10	4.8	10:27	5.9	3:52	-0.3	3:54	-0.1	5:46	8:25	
15	Fri	10:59	4.9	11:16	5.7	4:37	-0.4	4:46	0.0	5:47	8:24	
16	Sat	11:51	5.0			5:26	-0.3	5:43	0.1	5:47	8:23	
17	Sun	12:09	5.4	12:47	5.1	6:18	-0.2	6:45	0.3	5:48	8:23	
18	Mon	1:05	5.1	1:44	5.1	7:11	-0.1	7:49	0.4	5:49	8:22	
19	Tue	2:03	4.8	2:45	5.2	8:06	0.0	8:56	0.5	5:50	8:22	
20	Wed	3:07	4.5	3:50	5.3	9:05	0.1	10:05	0.5	5:50	8:21	
21	Thu	4:16	4.3	4:54	5.4	10:06	0.2	11:10	0.4	5:51	8:20	
22	Fri	5:20	4.3	5:52	5.5	11:06	0.2			5:52	8:19	
23	Sat	6:18	4.3	6:45	5.6	12:09	0.3	12:02	0.1	5:53	8:19	
24	Sun	7:13	4.4	7:35	5.7	1:03	0.2	12:55	0.1	5:54	8:18	
25	Mon	8:03	4.5	8:21	5.7	1:52	0.0	1:44	0.1	5:55	8:17	
26	Tue	8:50	4.6	9:04	5.6	2:36	0.0	2:30	0.1	5:55	8:16	
27	Wed	9:32	4.7	9:43	5.5	3:17	0.0	3:12	0.2	5:56	8:15	
28	Thu	10:12	4.7	10:21	5.3	3:55	0.1	3:53	0.3	5:57	8:14	
29	Fri	10:52	4.6	10:58	5.0	4:32	0.2	4:33	0.5	5:58	8:13	
30	Sat	11:33	4.6	11:37	4.8	5:10	0.4	5:16	0.7	5:59	8:12	
31	Sun			12:16	4.5	5:49	0.5	6:03	0.9	6:00	8:11	