
































## Cape May (Atlantic Ocean), NJ - Jun 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:35	4.4	11:52	5.7	5:17	-0.3	5:14	0.2	5:35	8:19	
2	Fri			12:32	4.3	6:13	-0.1	6:13	0.5	5:35	8:20	
3	Sat	12:46	5.3	1:29	4.1	7:08	0.1	7:13	0.8	5:35	8:21	
4	Sun	1:40	4.9	2:25	4.1	8:01	0.3	8:12	1.0	5:34	8:21	
5	Mon	2:35	4.6	3:23	4.1	8:53	0.5	9:14	1.1	5:34	8:22	
6	Tue	3:32	4.3	4:19	4.2	9:44	0.6	10:15	1.1	5:34	8:23	
7	Wed	4:29	4.2	5:09	4.4	10:32	0.6	11:10	1.0	5:34	8:23	
8	Thu	5:20	4.1	5:52	4.6	11:16	0.6			5:34	8:24	
9	Fri	6:06	4.1	6:33	4.8	12:00	0.8	11:57 AM	0.5	5:33	8:24	
10	Sat	6:51	4.1	7:13	5.0	12:46	0.7	12:36	0.5	5:33	8:25	
11	Sun	7:35	4.1	7:53	5.2	1:30	0.5	1:15	0.4	5:33	8:25	
12	Mon	8:18	4.1	8:31	5.3	2:11	0.4	1:53	0.4	5:33	8:26	
13	Tue	8:59	4.1	9:08	5.4	2:50	0.3	2:30	0.4	5:33	8:26	
14	Wed	9:39	4.0	9:44	5.4	3:27	0.3	3:07	0.4	5:33	8:26	
15	Thu	10:18	4.0	10:22	5.4	4:05	0.3	3:44	0.4	5:33	8:27	
16	Fri	11:00	4.0	11:02	5.3	4:45	0.3	4:26	0.5	5:33	8:27	
17	Sat	11:45	4.0	11:47	5.2	5:29	0.3	5:14	0.6	5:34	8:27	
18	Sun			12:35	4.1	6:16	0.3	6:10	0.7	5:34	8:28	
19	Mon	12:37	5.0	1:28	4.2	7:05	0.3	7:10	0.7	5:34	8:28	
20	Tue	1:31	4.9	2:24	4.4	7:56	0.2	8:14	0.7	5:34	8:28	
21	Wed	2:30	4.7	3:26	4.7	8:50	0.2	9:22	0.6	5:34	8:28	
22	Thu	3:36	4.6	4:28	5.1	9:48	0.1	10:32	0.4	5:35	8:29	
23	Fri	4:44	4.5	5:27	5.5	10:46	0.0	11:36	0.1	5:35	8:29	
24	Sat	5:46	4.6	6:22	5.9	11:42	-0.2			5:35	8:29	
25	Sun	6:45	4.6	7:16	6.1	12:36	-0.1	12:37	-0.3	5:36	8:29	
26	Mon	7:44	4.6	8:10	6.3	1:33	-0.4	1:30	-0.4	5:36	8:29	
27	Tue	8:40	4.7	9:02	6.3	2:27	-0.5	2:23	-0.3	5:36	8:29	
28	Wed	9:32	4.7	9:51	6.2	3:17	-0.5	3:13	-0.2	5:37	8:29	
29	Thu	10:22	4.6	10:39	5.9	4:06	-0.4	4:02	0.0	5:37	8:29	
30	Fri	11:13	4.5	11:27	5.6	4:55	-0.2	4:53	0.2	5:38	8:29	