


































Cape May (Atlantic Ocean), NJ - Jul 2057

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 8:33 | 4.0 | 8:44 | 5.3 | 2:28 | 0.4 | 2:05 | 0.5 | 5:38 | 8:29 |  |
| 2 | Mon | 9:14 | 4.0 | 9:22 | 5.3 | 3:06 | 0.4 | 2:42 | 0.5 | 5:38 | 8:29 |  |
| 3 | Tue | 9:54 | 4.0 | 9:57 | 5.3 | 3:43 | 0.4 | 3:19 | 0.5 | 5:39 | 8:28 |  |
| 4 | Wed | 10:32 | 3.9 | 10:33 | 5.2 | 4:19 | 0.4 | 3:56 | 0.6 | 5:40 | 8:28 |  |
| 5 | Thu | 11:12 | 3.9 | 11:11 | 5.1 | 4:56 | 0.4 | 4:36 | 0.7 | 5:40 | 8:28 |  |
| 6 | Fri | 11:54 | 4.0 | 11:51 | 4.9 | 5:35 | 0.5 | 5:21 | 0.8 | 5:41 | 8:28 |  |
| 7 | Sat | | | 12:38 | 4.1 | 6:16 | 0.5 | 6:13 | 0.8 | 5:41 | 8:27 |  |
| 8 | Sun | 12:36 | 4.8 | 1:25 | 4.3 | 6:59 | 0.5 | 7:10 | 0.9 | 5:42 | 8:27 |  |
| 9 | Mon | 1:25 | 4.6 | 2:16 | 4.5 | 7:44 | 0.4 | 8:11 | 0.8 | 5:43 | 8:27 |  |
| 10 | Tue | 2:20 | 4.4 | 3:14 | 4.8 | 8:35 | 0.4 | 9:18 | 0.7 | 5:43 | 8:26 |  |
| 11 | Wed | 3:24 | 4.3 | 4:17 | 5.1 | 9:32 | 0.3 | 10:28 | 0.5 | 5:44 | 8:26 |  |
| 12 | Thu | 4:34 | 4.3 | 5:17 | 5.5 | 10:32 | 0.2 | 11:33 | 0.3 | 5:45 | 8:26 |  |
| 13 | Fri | 5:39 | 4.3 | 6:15 | 5.9 | 11:31 | 0.0 | | | 5:45 | 8:25 |  |
| 14 | Sat | 6:40 | 4.4 | 7:11 | 6.2 | 12:33 | 0.0 | 12:29 | -0.2 | 5:46 | 8:25 |  |
| 15 | Sun | 7:41 | 4.6 | 8:08 | 6.4 | 1:31 | -0.3 | 1:26 | -0.3 | 5:47 | 8:24 |  |
| 16 | Mon | 8:38 | 4.7 | 9:02 | 6.4 | 2:26 | -0.5 | 2:21 | -0.4 | 5:48 | 8:23 |  |
| 17 | Tue | 9:33 | 4.8 | 9:53 | 6.3 | 3:17 | -0.6 | 3:14 | -0.4 | 5:48 | 8:23 |  |
| 18 | Wed | 10:25 | 4.8 | 10:43 | 6.1 | 4:06 | -0.5 | 4:07 | -0.2 | 5:49 | 8:22 |  |
| 19 | Thu | 11:17 | 4.8 | 11:34 | 5.7 | 4:56 | -0.4 | 5:01 | 0.1 | 5:50 | 8:21 |  |
| 20 | Fri | | | 12:11 | 4.8 | 5:47 | -0.2 | 5:58 | 0.3 | 5:51 | 8:21 |  |
| 21 | Sat | 12:26 | 5.3 | 1:03 | 4.7 | 6:37 | 0.0 | 6:57 | 0.6 | 5:52 | 8:20 |  |
| 22 | Sun | 1:16 | 4.9 | 1:55 | 4.6 | 7:25 | 0.3 | 7:54 | 0.8 | 5:52 | 8:19 |  |
| 23 | Mon | 2:07 | 4.5 | 2:47 | 4.6 | 8:12 | 0.5 | 8:53 | 1.0 | 5:53 | 8:19 |  |
| 24 | Tue | 3:01 | 4.1 | 3:42 | 4.6 | 9:01 | 0.7 | 9:55 | 1.1 | 5:54 | 8:18 |  |
| 25 | Wed | 3:59 | 3.9 | 4:37 | 4.6 | 9:51 | 0.8 | 10:55 | 1.1 | 5:55 | 8:17 |  |
| 26 | Thu | 4:57 | 3.8 | 5:26 | 4.8 | 10:41 | 0.9 | 11:48 | 1.0 | 5:56 | 8:16 |  |
| 27 | Fri | 5:48 | 3.8 | 6:12 | 4.9 | 11:28 | 0.8 | | | 5:57 | 8:15 |  |
| 28 | Sat | 6:36 | 3.8 | 6:56 | 5.1 | 12:36 | 0.9 | 12:14 | 0.8 | 5:57 | 8:14 |  |
| 29 | Sun | 7:23 | 3.9 | 7:39 | 5.2 | 1:21 | 0.7 | 12:57 | 0.7 | 5:58 | 8:13 |  |
| 30 | Mon | 8:08 | 4.0 | 8:20 | 5.4 | 2:03 | 0.5 | 1:40 | 0.6 | 5:59 | 8:12 |  |
| 31 | Tue | 8:50 | 4.1 | 8:58 | 5.4 | 2:40 | 0.4 | 2:20 | 0.5 | 6:00 | 8:11 |  |