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# Cape May (Atlantic Ocean), NJ - Jul 2074

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 1:10 | 4.9 | 2:01 | 4.5 | 7:33 | 0.3 | 7:52 | 0.7 | 5:38 | 8:29 | |
| 2 | Mon | 2:06 | 4.7 | 3:00 | 4.8 | 8:25 | 0.2 | 8:59 | 0.6 | 5:38 | 8:29 | |
| 3 | Tue | 3:09 | 4.5 | 4:04 | 5.1 | 9:22 | 0.1 | 10:09 | 0.5 | 5:39 | 8:28 | |
| 4 | Wed | 4:19 | 4.4 | 5:05 | 5.4 | 10:22 | 0.0 | 11:15 | 0.2 | 5:40 | 8:28 | |
| 5 | Thu | 5:25 | 4.5 | 6:02 | 5.8 | 11:20 | -0.1 | | | 5:40 | 8:28 | |
| 6 | Fri | 6:25 | 4.5 | 6:58 | 6.1 | 12:16 | 0.0 | 12:17 | -0.2 | 5:41 | 8:28 | |
| 7 | Sat | 7:25 | 4.6 | 7:53 | 6.3 | 1:15 | -0.3 | 1:13 | -0.3 | 5:41 | 8:28 | |
| 8 | Sun | 8:22 | 4.7 | 8:46 | 6.3 | 2:09 | -0.5 | 2:07 | -0.4 | 5:42 | 8:27 | |
| 9 | Mon | 9:16 | 4.8 | 9:36 | 6.2 | 3:00 | -0.5 | 2:58 | -0.3 | 5:43 | 8:27 | |
| 10 | Tue | 10:07 | 4.8 | 10:24 | 6.0 | 3:49 | -0.5 | 3:48 | -0.2 | 5:43 | 8:26 | |
| 11 | Wed | 10:57 | 4.7 | 11:12 | 5.7 | 4:37 | -0.4 | 4:38 | 0.1 | 5:44 | 8:26 | |
| 12 | Thu | 11:48 | 4.6 | | | 5:26 | -0.2 | 5:32 | 0.4 | 5:45 | 8:26 | |
| 13 | Fri | 12:01 | 5.3 | 12:39 | 4.5 | 6:15 | 0.1 | 6:27 | 0.7 | 5:45 | 8:25 | |
| 14 | Sat | 12:50 | 4.9 | 1:28 | 4.4 | 7:03 | 0.3 | 7:22 | 0.9 | 5:46 | 8:25 | |
| 15 | Sun | 1:38 | 4.6 | 2:18 | 4.4 | 7:48 | 0.5 | 8:17 | 1.1 | 5:47 | 8:24 | |
| 16 | Mon | 2:27 | 4.2 | 3:09 | 4.4 | 8:34 | 0.7 | 9:16 | 1.2 | 5:48 | 8:23 | |
| 17 | Tue | 3:21 | 4.0 | 4:04 | 4.4 | 9:22 | 0.8 | 10:16 | 1.2 | 5:48 | 8:23 | |
| 18 | Wed | 4:20 | 3.8 | 4:56 | 4.6 | 10:11 | 0.8 | 11:12 | 1.1 | 5:49 | 8:22 | |
| 19 | Thu | 5:14 | 3.8 | 5:43 | 4.8 | 10:59 | 0.8 | | | 5:50 | 8:22 | |
| 20 | Fri | 6:04 | 3.8 | 6:27 | 5.0 | 12:02 | 0.9 | 11:44 AM | 0.7 | 5:51 | 8:21 | |
| 21 | Sat | 6:51 | 3.9 | 7:10 | 5.2 | 12:49 | 0.8 | 12:29 | 0.6 | 5:51 | 8:20 | |
| 22 | Sun | 7:38 | 4.0 | 7:53 | 5.3 | 1:33 | 0.6 | 1:12 | 0.5 | 5:52 | 8:19 | |
| 23 | Mon | 8:22 | 4.1 | 8:33 | 5.5 | 2:14 | 0.4 | 1:54 | 0.4 | 5:53 | 8:19 | |
| 24 | Tue | 9:04 | 4.3 | 9:12 | 5.6 | 2:52 | 0.3 | 2:35 | 0.3 | 5:54 | 8:18 | |
| 25 | Wed | 9:44 | 4.4 | 9:50 | 5.6 | 3:29 | 0.2 | 3:16 | 0.3 | 5:55 | 8:17 | |
| 26 | Thu | 10:24 | 4.5 | 10:30 | 5.5 | 4:06 | 0.1 | 3:58 | 0.3 | 5:56 | 8:16 | |
| 27 | Fri | 11:06 | 4.6 | 11:13 | 5.4 | 4:46 | 0.1 | 4:45 | 0.3 | 5:57 | 8:15 | |
| 28 | Sat | 11:53 | 4.7 | | | 5:29 | 0.1 | 5:38 | 0.4 | 5:57 | 8:14 | |
| 29 | Sun | 12:01 | 5.2 | 12:44 | 4.8 | 6:16 | 0.1 | 6:37 | 0.5 | 5:58 | 8:13 | |
| 30 | Mon | 12:53 | 4.9 | 1:38 | 5.0 | 7:06 | 0.2 | 7:38 | 0.6 | 5:59 | 8:12 | |
| 31 | Tue | 1:49 | 4.7 | 2:37 | 5.1 | 7:59 | 0.2 | 8:45 | 0.6 | 6:00 | 8:11 | |