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# Cape May (Atlantic Ocean), NJ - Jul 2080

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | **8:20** | 3.8 | **8:36** | 5.4 | **2:16** | 0.4 | **1:55** | 0.6 | 5:38 | 8:29 | |
| 2 | Tue | **9:02** | 3.8 | **9:15** | 5.4 | **2:56** | 0.4 | **2:35** | 0.6 | 5:39 | 8:29 | |
| 3 | Wed | **9:42** | 3.9 | **9:53** | 5.3 | **3:34** | 0.4 | **3:12** | 0.6 | 5:39 | 8:28 | |
| 4 | Thu | **10:21** | 3.9 | **10:29** | 5.2 | **4:10** | 0.4 | **3:49** | 0.7 | 5:40 | 8:28 | |
| 5 | Fri | **11:00** | 3.9 | **11:06** | 5.0 | **4:46** | 0.5 | **4:27** | 0.8 | 5:40 | 8:28 | |
| 6 | Sat | **11:39** | 3.9 | **11:44** | 4.8 | **5:23** | 0.5 | **5:08** | 1.0 | 5:41 | 8:28 | |
| 7 | Sun | | | **12:20** | 4.0 | **6:00** | 0.6 | **5:54** | 1.1 | 5:42 | 8:27 | |
| 8 | Mon | **12:23** | 4.6 | **1:01** | 4.1 | **6:37** | 0.6 | **6:45** | 1.1 | 5:42 | 8:27 | |
| 9 | Tue | **1:04** | 4.4 | **1:43** | 4.2 | **7:15** | 0.6 | **7:38** | 1.2 | 5:43 | 8:27 | |
| 10 | Wed | **1:49** | 4.1 | **2:31** | 4.5 | **7:56** | 0.6 | **8:39** | 1.1 | 5:44 | 8:26 | |
| 11 | Thu | **2:42** | 4.0 | **3:28** | 4.7 | **8:44** | 0.6 | **9:47** | 1.0 | 5:44 | 8:26 | |
| 12 | Fri | **3:48** | 3.8 | **4:30** | 5.1 | **9:40** | 0.5 | **10:56** | 0.8 | 5:45 | 8:25 | |
| 13 | Sat | **4:57** | 3.8 | **5:30** | 5.4 | **10:41** | 0.4 | **11:58** | 0.5 | 5:46 | 8:25 | |
| 14 | Sun | **5:59** | 3.9 | **6:27** | 5.8 | **11:40** | 0.2 | | | 5:46 | 8:24 | |
| 15 | Mon | **7:00** | 4.1 | **7:24** | 6.1 | **12:57** | 0.2 | **12:39** | 0.0 | 5:47 | 8:24 | |
| 16 | Tue | **7:59** | 4.4 | **8:21** | 6.3 | **1:53** | -0.1 | **1:37** | -0.2 | 5:48 | 8:23 | |
| 17 | Wed | **8:56** | 4.6 | **9:14** | 6.4 | **2:45** | -0.4 | **2:33** | -0.4 | 5:49 | 8:23 | |
| 18 | Thu | **9:49** | 4.8 | **10:06** | 6.3 | **3:34** | -0.5 | **3:27** | -0.4 | 5:50 | 8:22 | |
| 19 | Fri | **10:42** | 5.0 | **10:57** | 6.0 | **4:22** | -0.5 | **4:22** | -0.3 | 5:50 | 8:21 | |
| 20 | Sat | **11:36** | 5.1 | **11:50** | 5.6 | **5:12** | -0.4 | **5:19** | 0.0 | 5:51 | 8:21 | |
| 21 | Sun | | | **12:30** | 5.1 | **6:03** | -0.2 | **6:20** | 0.2 | 5:52 | 8:20 | |
| 22 | Mon | **12:43** | 5.2 | **1:24** | 5.1 | **6:53** | 0.0 | **7:20** | 0.5 | 5:53 | 8:19 | |
| 23 | Tue | **1:36** | 4.7 | **2:18** | 5.0 | **7:43** | 0.2 | **8:22** | 0.7 | 5:54 | 8:18 | |
| 24 | Wed | **2:31** | 4.2 | **3:15** | 4.9 | **8:33** | 0.5 | **9:26** | 0.9 | 5:54 | 8:17 | |
| 25 | Thu | **3:31** | 3.9 | **4:15** | 4.9 | **9:26** | 0.7 | **10:31** | 1.0 | 5:55 | 8:17 | |
| 26 | Fri | **4:35** | 3.7 | **5:10** | 4.9 | **10:21** | 0.8 | **11:30** | 0.9 | 5:56 | 8:16 | |
| 27 | Sat | **5:33** | 3.6 | **6:01** | 5.0 | **11:14** | 0.9 | | | 5:57 | 8:15 | |
| 28 | Sun | **6:24** | 3.6 | **6:47** | 5.1 | **12:23** | 0.9 | **12:03** | 0.8 | 5:58 | 8:14 | |
| 29 | Mon | **7:13** | 3.7 | **7:32** | 5.2 | **1:11** | 0.7 | **12:50** | 0.8 | 5:59 | 8:13 | |
| 30 | Tue | **7:58** | 3.8 | **8:14** | 5.3 | **1:54** | 0.6 | **1:34** | 0.7 | 6:00 | 8:12 | |
| 31 | Wed | **8:40** | 4.0 | **8:53** | 5.4 | **2:32** | 0.5 | **2:15** | 0.6 | 6:01 | 8:11 | |