

Cape May Harbor, NJ - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:18	3.8	4:06	4.5	9:21	0.8	10:14	1.1	5:37	8:29	
2	Mon	4:16	3.6	4:57	4.6	10:10	0.8	11:11	1.1	5:38	8:28	
3	Tue	5:11	3.5	5:44	4.7	10:57	0.8			5:38	8:28	
4	Wed	6:02	3.5	6:29	4.9	12:02	0.9	11:43 AM	0.8	5:39	8:28	
5	Thu	6:50	3.5	7:13	5.1	12:50	0.8	12:27	0.7	5:39	8:28	
6	Fri	7:37	3.6	7:56	5.2	1:35	0.6	1:11	0.6	5:40	8:28	
7	Sat	8:22	3.7	8:37	5.3	2:16	0.5	1:53	0.6	5:40	8:27	
8	Sun	9:03	3.8	9:15	5.3	2:54	0.3	2:33	0.5	5:41	8:27	
9	Mon	9:42	4.0	9:52	5.3	3:29	0.3	3:11	0.5	5:42	8:27	
10	Tue	10:20	4.1	10:29	5.2	4:04	0.2	3:51	0.5	5:42	8:26	
11	Wed	10:59	4.2	11:08	5.1	4:41	0.2	4:35	0.5	5:43	8:26	
12	Thu	11:42	4.3	11:52	4.9	5:20	0.2	5:25	0.6	5:44	8:26	
13	Fri			12:29	4.5	6:02	0.2	6:21	0.7	5:44	8:25	
14	Sat	12:40	4.6	1:19	4.7	6:48	0.2	7:22	0.7	5:45	8:25	
15	Sun	1:32	4.4	2:13	4.9	7:36	0.2	8:27	0.7	5:46	8:24	
16	Mon	2:31	4.1	3:16	5.1	8:31	0.3	9:39	0.7	5:47	8:24	
17	Tue	3:42	3.9	4:25	5.3	9:32	0.3	10:50	0.5	5:47	8:23	
18	Wed	4:54	3.9	5:29	5.6	10:38	0.2	11:54	0.3	5:48	8:22	
19	Thu	6:00	4.0	6:29	5.8	11:40	0.1			5:49	8:22	
20	Fri	7:01	4.2	7:26	6.0	12:54	0.1	12:40	-0.1	5:50	8:21	
21	Sat	8:00	4.4	8:21	6.0	1:49	-0.2	1:37	-0.2	5:50	8:20	
22	Sun	8:53	4.6	9:10	6.0	2:39	-0.3	2:31	-0.2	5:51	8:20	
23	Mon	9:42	4.7	9:57	5.8	3:25	-0.3	3:21	-0.1	5:52	8:19	
24	Tue	10:29	4.8	10:41	5.5	4:08	-0.3	4:09	0.0	5:53	8:18	
25	Wed	11:15	4.8	11:25	5.1	4:52	-0.1	4:58	0.3	5:54	8:17	
26	Thu			12:02	4.7	5:36	0.1	5:50	0.6	5:55	8:16	
27	Fri	12:10	4.7	12:48	4.6	6:19	0.4	6:43	0.8	5:55	8:16	
28	Sat	12:54	4.3	1:34	4.6	7:01	0.6	7:36	1.1	5:56	8:15	
29	Sun	1:40	3.9	2:22	4.5	7:43	0.8	8:31	1.2	5:57	8:14	
30	Mon	2:29	3.6	3:16	4.5	8:28	1.0	9:33	1.3	5:58	8:13	
31	Tue	3:29	3.4	4:14	4.5	9:19	1.1	10:36	1.3	5:59	8:12	