


































## Cape May Harbor, NJ - Jul 2022

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Fri | 10:26 | 3.8 | 10:28 | 5.1 | 4:14  | 0.4  | 3:47  | 0.7  | 5:37  | 8:29 |    |
| 2    | Sat | 11:06 | 3.7 | 11:05 | 4.9 | 4:51  | 0.5  | 4:26  | 0.8  | 5:38  | 8:28 |    |
| 3    | Sun | 11:48 | 3.8 | 11:43 | 4.8 | 5:30  | 0.6  | 5:09  | 0.9  | 5:38  | 8:28 |    |
| 4    | Mon |       |     | 12:30 | 3.8 | 6:08  | 0.6  | 5:58  | 1.0  | 5:39  | 8:28 |    |
| 5    | Tue | 12:24 | 4.6 | 1:13  | 4.0 | 6:47  | 0.6  | 6:51  | 1.0  | 5:40  | 8:28 |    |
| 6    | Wed | 1:09  | 4.4 | 2:00  | 4.2 | 7:28  | 0.6  | 7:48  | 1.0  | 5:40  | 8:28 |    |
| 7    | Thu | 1:58  | 4.3 | 2:52  | 4.5 | 8:13  | 0.5  | 8:51  | 0.9  | 5:41  | 8:27 |    |
| 8    | Fri | 2:56  | 4.1 | 3:52  | 4.8 | 9:05  | 0.5  | 10:00 | 0.8  | 5:41  | 8:27 |    |
| 9    | Sat | 4:04  | 4.0 | 4:52  | 5.2 | 10:03 | 0.3  | 11:07 | 0.5  | 5:42  | 8:27 |    |
| 10   | Sun | 5:11  | 4.0 | 5:49  | 5.6 | 11:02 | 0.2  |       |      | 5:43  | 8:26 |    |
| 11   | Mon | 6:13  | 4.1 | 6:46  | 5.9 | 12:09 | 0.2  | 12:00 | 0.0  | 5:43  | 8:26 |    |
| 12   | Tue | 7:14  | 4.2 | 7:43  | 6.2 | 1:08  | -0.1 | 12:58 | -0.2 | 5:44  | 8:26 |   |
| 13   | Wed | 8:14  | 4.4 | 8:39  | 6.3 | 2:04  | -0.3 | 1:55  | -0.3 | 5:45  | 8:25 |  |
| 14   | Thu | 9:11  | 4.6 | 9:32  | 6.3 | 2:57  | -0.5 | 2:50  | -0.4 | 5:45  | 8:25 |  |
| 15   | Fri | 10:04 | 4.7 | 10:24 | 6.1 | 3:47  | -0.6 | 3:44  | -0.3 | 5:46  | 8:24 |  |
| 16   | Sat | 10:58 | 4.7 | 11:16 | 5.8 | 4:37  | -0.5 | 4:39  | -0.1 | 5:47  | 8:24 |  |
| 17   | Sun | 11:53 | 4.7 |       |     | 5:29  | -0.3 | 5:37  | 0.2  | 5:48  | 8:23 |  |
| 18   | Mon | 12:09 | 5.4 | 12:48 | 4.7 | 6:20  | -0.1 | 6:38  | 0.4  | 5:48  | 8:22 |  |
| 19   | Tue | 1:02  | 5.0 | 1:41  | 4.7 | 7:10  | 0.1  | 7:38  | 0.7  | 5:49  | 8:22 |  |
| 20   | Wed | 1:54  | 4.5 | 2:34  | 4.6 | 7:58  | 0.3  | 8:38  | 0.9  | 5:50  | 8:21 |  |
| 21   | Thu | 2:48  | 4.1 | 3:30  | 4.6 | 8:47  | 0.5  | 9:42  | 1.0  | 5:51  | 8:20 |  |
| 22   | Fri | 3:47  | 3.8 | 4:26  | 4.6 | 9:38  | 0.7  | 10:44 | 1.0  | 5:52  | 8:20 |  |
| 23   | Sat | 4:46  | 3.7 | 5:18  | 4.7 | 10:29 | 0.8  | 11:39 | 1.0  | 5:52  | 8:19 |  |
| 24   | Sun | 5:40  | 3.6 | 6:05  | 4.8 | 11:18 | 0.8  |       |      | 5:53  | 8:18 |  |
| 25   | Mon | 6:29  | 3.6 | 6:49  | 5.0 | 12:30 | 0.9  | 12:04 | 0.8  | 5:54  | 8:17 |  |
| 26   | Tue | 7:17  | 3.7 | 7:33  | 5.1 | 1:16  | 0.7  | 12:49 | 0.7  | 5:55  | 8:16 |  |
| 27   | Wed | 8:02  | 3.8 | 8:15  | 5.2 | 1:59  | 0.6  | 1:32  | 0.6  | 5:56  | 8:15 |  |
| 28   | Thu | 8:44  | 3.9 | 8:53  | 5.3 | 2:37  | 0.5  | 2:13  | 0.6  | 5:57  | 8:15 |  |
| 29   | Fri | 9:23  | 4.0 | 9:30  | 5.3 | 3:12  | 0.4  | 2:51  | 0.5  | 5:58  | 8:14 |  |
| 30   | Sat | 10:00 | 4.1 | 10:04 | 5.2 | 3:46  | 0.4  | 3:28  | 0.6  | 5:58  | 8:13 |  |
| 31   | Sun | 10:36 | 4.2 | 10:38 | 5.1 | 4:18  | 0.4  | 4:06  | 0.6  | 5:59  | 8:12 |  |