






























Cape May Harbor, NJ - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:22	3.9	3:57	2.9	9:53	0.7	9:31	0.6	6:31	5:51	
2	Thu	4:22	3.9	4:53	3.0	10:49	0.5	10:27	0.5	6:30	5:52	
3	Fri	5:13	4.1	5:41	3.2	11:36	0.4	11:16	0.4	6:28	5:54	
4	Sat	5:58	4.3	6:25	3.4			12:18	0.2	6:27	5:55	
5	Sun	6:39	4.4	7:05	3.7	12:02	0.2	12:54	0.0	6:25	5:56	
6	Mon	7:18	4.5	7:42	3.9	12:43	0.0	1:27	-0.1	6:24	5:57	
7	Tue	7:53	4.6	8:16	4.1	1:22	-0.1	1:57	-0.2	6:23	5:58	
8	Wed	8:26	4.5	8:48	4.2	1:58	-0.2	2:25	-0.2	6:21	5:59	
9	Thu	8:58	4.4	9:20	4.3	2:33	-0.2	2:54	-0.2	6:19	6:00	
10	Fri	9:30	4.2	9:53	4.4	3:10	-0.1	3:24	-0.1	6:18	6:01	
11	Sat	10:05	4.0	10:32	4.4	3:51	0.0	3:58	0.0	6:16	6:02	
12	Sun	11:46	3.7			5:38	0.1	5:39	0.1	7:15	7:03	
13	Mon	12:17	4.5	12:35	3.5	6:33	0.3	6:28	0.2	7:13	7:04	
14	Tue	1:11	4.5	1:33	3.2	7:35	0.4	7:26	0.3	7:12	7:05	
15	Wed	2:14	4.4	2:46	3.1	8:46	0.4	8:35	0.4	7:10	7:06	
16	Thu	3:30	4.5	4:12	3.2	10:02	0.3	9:55	0.3	7:09	7:07	
17	Fri	4:47	4.7	5:24	3.6	11:09	0.1	11:08	0.0	7:07	7:08	
18	Sat	5:52	5.0	6:24	4.0			12:07	-0.3	7:06	7:09	
19	Sun	6:49	5.2	7:19	4.5	12:11	-0.3	12:59	-0.6	7:04	7:10	
20	Mon	7:43	5.4	8:09	4.9	1:09	-0.6	1:47	-0.8	7:02	7:11	
21	Tue	8:33	5.4	8:56	5.2	2:03	-0.9	2:31	-0.9	7:01	7:12	
22	Wed	9:19	5.3	9:40	5.3	2:53	-0.9	3:13	-0.9	6:59	7:13	
23	Thu	10:04	5.0	10:23	5.3	3:40	-0.9	3:54	-0.7	6:58	7:14	
24	Fri	10:48	4.6	11:07	5.1	4:28	-0.6	4:35	-0.4	6:56	7:15	
25	Sat	11:33	4.2	11:52	4.8	5:17	-0.3	5:18	-0.1	6:55	7:16	
26	Sun			12:22	3.8	6:10	0.1	6:04	0.3	6:53	7:17	
27	Mon	12:40	4.5	1:13	3.4	7:06	0.4	6:53	0.6	6:51	7:18	
28	Tue	1:31	4.2	2:09	3.1	8:05	0.7	7:46	0.9	6:50	7:18	
29	Wed	2:28	4.0	3:15	3.0	9:09	0.9	8:46	1.0	6:48	7:19	
30	Thu	3:35	3.9	4:25	3.0	10:15	0.9	9:54	1.0	6:47	7:20	
31	Fri	4:42	3.9	5:22	3.2	11:11	0.8	10:56	0.9	6:45	7:21	