

































Cape May Harbor, NJ - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:56	4.6	1:41	4.2	7:16	0.4	7:27	1.0	5:38	8:29	
2	Wed	1:42	4.3	2:30	4.2	7:59	0.6	8:22	1.1	5:38	8:28	
3	Thu	2:30	3.9	3:20	4.3	8:42	0.8	9:21	1.2	5:39	8:28	
4	Fri	3:24	3.7	4:13	4.4	9:27	0.9	10:22	1.2	5:39	8:28	
5	Sat	4:22	3.5	5:03	4.5	10:14	0.9	11:17	1.1	5:40	8:28	
6	Sun	5:17	3.5	5:50	4.7	11:01	0.9			5:40	8:28	
7	Mon	6:07	3.5	6:34	4.9	12:08	1.0	11:46 AM	0.8	5:41	8:27	
8	Tue	6:56	3.5	7:19	5.1	12:57	0.8	12:31	0.7	5:41	8:27	
9	Wed	7:44	3.6	8:02	5.3	1:42	0.6	1:15	0.6	5:42	8:27	
10	Thu	8:29	3.7	8:44	5.4	2:23	0.4	1:58	0.5	5:43	8:26	
11	Fri	9:11	3.9	9:24	5.5	3:01	0.3	2:40	0.4	5:43	8:26	
12	Sat	9:51	4.0	10:03	5.5	3:39	0.2	3:21	0.4	5:44	8:25	
13	Sun	10:32	4.1	10:43	5.4	4:17	0.1	4:05	0.4	5:45	8:25	
14	Mon	11:15	4.3	11:28	5.2	4:57	0.1	4:54	0.4	5:46	8:24	
15	Tue			12:03	4.5	5:40	0.1	5:50	0.5	5:46	8:24	
16	Wed	12:16	5.0	12:53	4.7	6:26	0.1	6:50	0.6	5:47	8:23	
17	Thu	1:07	4.7	1:47	4.9	7:14	0.1	7:53	0.7	5:48	8:23	
18	Fri	2:03	4.4	2:45	5.0	8:04	0.2	9:02	0.7	5:49	8:22	
19	Sat	3:07	4.1	3:51	5.2	9:01	0.3	10:14	0.6	5:49	8:21	
20	Sun	4:19	3.9	4:57	5.4	10:04	0.3	11:22	0.5	5:50	8:21	
21	Mon	5:27	3.9	5:58	5.6	11:07	0.2			5:51	8:20	
22	Tue	6:29	4.0	6:56	5.8	12:24	0.3	12:07	0.2	5:52	8:19	
23	Wed	7:29	4.1	7:51	5.8	1:21	0.1	1:05	0.1	5:53	8:19	
24	Thu	8:24	4.3	8:42	5.9	2:13	-0.1	1:59	0.0	5:53	8:18	
25	Fri	9:13	4.5	9:28	5.8	2:59	-0.1	2:49	0.0	5:54	8:17	
26	Sat	9:59	4.5	10:11	5.6	3:42	-0.1	3:35	0.1	5:55	8:16	
27	Sun	10:43	4.6	10:52	5.3	4:24	0.0	4:21	0.3	5:56	8:15	
28	Mon	11:27	4.6	11:34	4.9	5:05	0.2	5:08	0.6	5:57	8:14	
29	Tue			12:11	4.5	5:46	0.4	5:58	0.8	5:58	8:13	
30	Wed	12:16	4.5	12:55	4.5	6:26	0.6	6:48	1.0	5:59	8:12	
31	Thu	12:59	4.2	1:39	4.4	7:05	0.8	7:40	1.2	6:00	8:11	