
































## Cape May Harbor, NJ - Nov 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:51	4.3	5:07	4.8	10:40	0.8	11:11	0.3	7:27	5:58	
2	Sun	4:40	4.9	4:59	5.0	10:38	0.4	10:57	0.0	6:28	4:57	
3	Mon	5:27	5.4	5:49	5.0	11:33	0.1	11:43	-0.2	6:29	4:56	
4	Tue	6:15	5.9	6:41	5.0			12:27	-0.3	6:30	4:55	
5	Wed	7:04	6.2	7:33	5.0	12:30	-0.4	1:20	-0.5	6:31	4:54	
6	Thu	7:54	6.4	8:25	4.8	1:17	-0.5	2:12	-0.5	6:32	4:53	
7	Fri	8:44	6.4	9:17	4.6	2:05	-0.4	3:04	-0.4	6:33	4:52	
8	Sat	9:37	6.1	10:14	4.3	2:54	-0.2	4:01	-0.1	6:35	4:51	
9	Sun	10:34	5.8	11:17	4.1	3:48	0.1	5:03	0.1	6:36	4:50	
10	Mon	11:35	5.4			4:50	0.4	6:06	0.3	6:37	4:49	
11	Tue	12:22	4.0	12:38	5.1	5:57	0.7	7:07	0.4	6:38	4:48	
12	Wed	1:28	4.0	1:41	4.8	7:04	0.9	8:07	0.5	6:39	4:48	
13	Thu	2:34	4.0	2:46	4.5	8:12	0.9	9:03	0.5	6:40	4:47	
14	Fri	3:34	4.2	3:45	4.4	9:18	0.9	9:52	0.5	6:41	4:46	
15	Sat	4:24	4.5	4:34	4.3	10:15	0.8	10:35	0.4	6:42	4:45	
16	Sun	5:07	4.7	5:18	4.2	11:04	0.7	11:14	0.4	6:43	4:44	
17	Mon	5:46	4.9	5:59	4.1	11:50	0.5	11:50	0.4	6:45	4:44	
18	Tue	6:24	5.0	6:40	4.0			12:33	0.4	6:46	4:43	
19	Wed	7:01	5.2	7:19	4.0	12:26	0.4	1:13	0.3	6:47	4:42	
20	Thu	7:38	5.2	7:58	3.9	1:00	0.4	1:51	0.3	6:48	4:42	
21	Fri	8:14	5.2	8:35	3.7	1:34	0.4	2:28	0.4	6:49	4:41	
22	Sat	8:50	5.1	9:12	3.6	2:06	0.5	3:06	0.5	6:50	4:41	
23	Sun	9:26	5.0	9:51	3.4	2:39	0.6	3:46	0.6	6:51	4:40	
24	Mon	10:05	4.8	10:35	3.3	3:15	0.8	4:30	0.7	6:52	4:40	
25	Tue	10:48	4.7	11:25	3.3	3:57	0.9	5:17	0.7	6:53	4:39	
26	Wed	11:36	4.6			4:50	1.0	6:05	0.7	6:54	4:39	
27	Thu	12:17	3.4	12:27	4.5	5:50	1.0	6:53	0.6	6:55	4:38	
28	Fri	1:12	3.6	1:23	4.4	6:54	1.0	7:43	0.4	6:56	4:38	
29	Sat	2:12	4.0	2:26	4.3	8:03	0.8	8:37	0.2	6:57	4:38	
30	Sun	3:13	4.4	3:30	4.3	9:13	0.5	9:30	0.0	6:58	4:38	