

Cape May Harbor, NJ - May 2026

Date		High				Low				☀️		🌙
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:34	4.2	8:51	5.2	2:22	0.1	2:19	0.2	6:01	7:52	🌑
2	Sat	9:12	4.1	9:27	5.2	3:01	0.1	2:52	0.3	5:59	7:53	🌑
3	Sun	9:49	3.9	10:02	5.1	3:38	0.2	3:24	0.4	5:58	7:54	🌑
4	Mon	10:26	3.8	10:39	5.0	4:16	0.3	3:57	0.6	5:57	7:55	🌑
5	Tue	11:05	3.6	11:18	4.8	4:57	0.5	4:32	0.8	5:56	7:55	🌑
6	Wed	11:49	3.4			5:41	0.7	5:12	1.0	5:55	7:56	🌑
7	Thu	12:01	4.6	12:36	3.3	6:29	0.8	6:00	1.1	5:54	7:57	🌑
8	Fri	12:47	4.4	1:27	3.3	7:16	0.9	6:55	1.2	5:53	7:58	🌑
9	Sat	1:36	4.3	2:20	3.4	8:04	0.9	7:55	1.2	5:52	7:59	🌑
10	Sun	2:31	4.2	3:20	3.6	8:54	0.8	9:01	1.1	5:51	8:00	🌑
11	Mon	3:32	4.2	4:18	4.0	9:46	0.6	10:09	0.9	5:50	8:01	🌑
12	Tue	4:33	4.3	5:11	4.5	10:37	0.4	11:11	0.6	5:49	8:02	🌑
13	Wed	5:29	4.4	5:59	5.0	11:25	0.2			5:48	8:03	🌑
14	Thu	6:22	4.5	6:47	5.5	12:08	0.2	12:12	-0.1	5:47	8:04	🌑
15	Fri	7:14	4.5	7:37	5.9	1:02	-0.1	1:00	-0.3	5:46	8:05	🌑
16	Sat	8:08	4.5	8:28	6.1	1:56	-0.4	1:50	-0.4	5:45	8:06	🌑
17	Sun	9:01	4.5	9:19	6.2	2:49	-0.5	2:39	-0.4	5:44	8:07	🌑
18	Mon	9:54	4.5	10:11	6.1	3:40	-0.5	3:30	-0.3	5:44	8:08	🌑
19	Tue	10:50	4.3	11:06	5.9	4:34	-0.4	4:23	-0.1	5:43	8:08	🌑
20	Wed	11:49	4.2			5:32	-0.3	5:22	0.1	5:42	8:09	🌑
21	Thu	12:05	5.6	12:52	4.2	6:32	-0.1	6:27	0.4	5:41	8:10	🌑
22	Fri	1:05	5.2	1:53	4.2	7:31	0.1	7:32	0.6	5:41	8:11	🌑
23	Sat	2:05	4.9	2:55	4.2	8:27	0.2	8:38	0.7	5:40	8:12	🌑
24	Sun	3:07	4.6	3:57	4.4	9:23	0.3	9:45	0.8	5:39	8:13	🌑
25	Mon	4:09	4.3	4:53	4.6	10:16	0.4	10:47	0.7	5:39	8:13	🌑
26	Tue	5:06	4.1	5:41	4.8	11:04	0.4	11:42	0.6	5:38	8:14	🌑
27	Wed	5:55	4.0	6:24	4.9	11:47	0.4			5:38	8:15	🌑
28	Thu	6:40	3.9	7:05	5.1	12:32	0.5	12:28	0.4	5:37	8:16	🌑
29	Fri	7:24	3.9	7:45	5.2	1:18	0.4	1:08	0.5	5:37	8:17	🌑
30	Sat	8:07	3.9	8:25	5.2	2:02	0.4	1:46	0.5	5:36	8:17	🌑
31	Sun	8:49	3.8	9:03	5.2	2:42	0.3	2:23	0.5	5:36	8:18	🌑