

































Cape May Harbor, NJ - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:31	4.4	10:42	5.1	4:12	0.3	4:11	0.6	6:00	8:11	
2	Sun	11:09	4.5	11:20	4.8	4:46	0.3	4:55	0.6	6:01	8:10	
3	Mon	11:50	4.7			5:24	0.3	5:46	0.7	6:02	8:09	
4	Tue	12:03	4.6	12:37	4.8	6:06	0.4	6:43	0.8	6:03	8:07	
5	Wed	12:52	4.3	1:28	4.9	6:52	0.4	7:44	0.9	6:04	8:06	
6	Thu	1:47	4.1	2:27	5.1	7:44	0.5	8:54	0.9	6:05	8:05	
7	Fri	2:53	3.8	3:37	5.2	8:45	0.5	10:09	0.8	6:06	8:04	
8	Sat	4:12	3.8	4:49	5.4	9:54	0.5	11:18	0.6	6:06	8:03	
9	Sun	5:24	3.9	5:53	5.7	11:02	0.3			6:07	8:02	
10	Mon	6:27	4.2	6:52	5.9	12:19	0.3	12:06	0.1	6:08	8:01	
11	Tue	7:26	4.5	7:48	6.0	1:15	0.0	1:05	-0.1	6:09	7:59	
12	Wed	8:20	4.8	8:40	6.0	2:05	-0.2	2:01	-0.2	6:10	7:58	
13	Thu	9:10	5.0	9:27	5.9	2:52	-0.3	2:53	-0.2	6:11	7:57	
14	Fri	9:57	5.2	10:12	5.7	3:35	-0.3	3:42	-0.1	6:12	7:56	
15	Sat	10:42	5.2	10:56	5.3	4:17	-0.2	4:30	0.1	6:13	7:54	
16	Sun	11:27	5.1	11:40	4.9	4:59	0.0	5:21	0.4	6:14	7:53	
17	Mon			12:14	5.0	5:42	0.3	6:13	0.7	6:15	7:52	
18	Tue	12:26	4.4	1:01	4.9	6:26	0.6	7:07	1.0	6:16	7:50	
19	Wed	1:13	4.0	1:49	4.7	7:10	0.9	8:03	1.2	6:16	7:49	
20	Thu	2:03	3.7	2:42	4.6	7:56	1.1	9:05	1.4	6:17	7:47	
21	Fri	3:01	3.5	3:43	4.5	8:48	1.3	10:10	1.4	6:18	7:46	
22	Sat	4:10	3.4	4:44	4.6	9:49	1.3	11:09	1.3	6:19	7:45	
23	Sun	5:12	3.5	5:37	4.8	10:47	1.2	11:59	1.1	6:20	7:43	
24	Mon	6:03	3.6	6:23	5.0	11:39	1.1			6:21	7:42	
25	Tue	6:49	3.9	7:07	5.1	12:42	0.9	12:26	0.9	6:22	7:40	
26	Wed	7:32	4.1	7:48	5.3	1:22	0.7	1:11	0.7	6:23	7:39	
27	Thu	8:12	4.4	8:26	5.4	1:58	0.5	1:53	0.5	6:24	7:37	
28	Fri	8:49	4.6	9:03	5.4	2:31	0.3	2:33	0.4	6:25	7:36	
29	Sat	9:24	4.9	9:39	5.3	3:03	0.2	3:12	0.3	6:25	7:34	
30	Sun	10:00	5.1	10:16	5.1	3:36	0.2	3:53	0.4	6:26	7:33	
31	Mon	10:38	5.2	10:57	4.8	4:11	0.2	4:38	0.5	6:27	7:31	