
































## Cape May Harbor, NJ - Sep 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:21	5.3	11:43	4.5	4:49	0.3	5:30	0.6	6:28	7:30	
2	Wed			12:11	5.3	5:34	0.4	6:30	0.8	6:29	7:28	
3	Thu	12:36	4.2	1:08	5.3	6:27	0.5	7:35	0.9	6:30	7:27	
4	Fri	1:37	4.0	2:11	5.3	7:25	0.7	8:46	0.9	6:31	7:25	
5	Sat	2:49	3.8	3:25	5.3	8:32	0.8	10:00	0.9	6:32	7:24	
6	Sun	4:10	3.9	4:40	5.4	9:46	0.7	11:07	0.7	6:33	7:22	
7	Mon	5:20	4.2	5:44	5.6	10:57	0.6			6:34	7:20	
8	Tue	6:19	4.5	6:40	5.7	12:04	0.4	11:59 AM	0.3	6:34	7:19	
9	Wed	7:12	4.9	7:32	5.8	12:55	0.1	12:56	0.1	6:35	7:17	
10	Thu	8:02	5.2	8:20	5.7	1:41	0.0	1:49	0.0	6:36	7:16	
11	Fri	8:47	5.4	9:04	5.6	2:24	-0.1	2:37	-0.1	6:37	7:14	
12	Sat	9:29	5.6	9:45	5.3	3:04	-0.1	3:23	0.0	6:38	7:13	
13	Sun	10:10	5.5	10:25	5.0	3:41	0.1	4:06	0.2	6:39	7:11	
14	Mon	10:50	5.4	11:06	4.6	4:18	0.3	4:52	0.5	6:40	7:09	
15	Tue	11:32	5.2	11:49	4.2	4:56	0.6	5:40	0.8	6:41	7:08	
16	Wed			12:16	5.0	5:37	0.9	6:32	1.1	6:42	7:06	
17	Thu	12:36	3.9	1:04	4.8	6:21	1.2	7:27	1.3	6:42	7:05	
18	Fri	1:27	3.6	1:57	4.6	7:10	1.4	8:26	1.5	6:43	7:03	
19	Sat	2:25	3.5	2:57	4.5	8:04	1.5	9:30	1.5	6:44	7:01	
20	Sun	3:34	3.4	4:02	4.6	9:07	1.6	10:30	1.4	6:45	7:00	
21	Mon	4:40	3.6	5:00	4.7	10:13	1.5	11:19	1.2	6:46	6:58	
22	Tue	5:32	3.8	5:48	4.9	11:09	1.3			6:47	6:56	
23	Wed	6:16	4.2	6:31	5.1	12:01	1.0	11:58 AM	1.0	6:48	6:55	
24	Thu	6:56	4.5	7:12	5.2	12:38	0.7	12:43	0.7	6:49	6:53	
25	Fri	7:35	4.9	7:52	5.3	1:15	0.5	1:27	0.5	6:50	6:52	
26	Sat	8:14	5.2	8:33	5.3	1:50	0.3	2:10	0.3	6:51	6:50	
27	Sun	8:52	5.5	9:13	5.2	2:26	0.1	2:53	0.2	6:52	6:48	
28	Mon	9:31	5.7	9:54	5.0	3:02	0.1	3:37	0.2	6:52	6:47	
29	Tue	10:13	5.8	10:38	4.7	3:40	0.1	4:25	0.3	6:53	6:45	
30	Wed	10:59	5.8	11:30	4.4	4:22	0.2	5:19	0.4	6:54	6:44	