






























Cape May Harbor, NJ - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:11	4.3	5:50	0.3	5:49	0.8	5:38	8:29	
2	Sat	12:13	4.7	12:57	4.2	6:33	0.4	6:40	1.0	5:38	8:28	
3	Sun	12:57	4.4	1:43	4.2	7:15	0.6	7:30	1.1	5:39	8:28	
4	Mon	1:42	4.1	2:31	4.2	7:57	0.7	8:23	1.2	5:39	8:28	
5	Tue	2:30	3.9	3:23	4.3	8:40	0.8	9:22	1.2	5:40	8:28	
6	Wed	3:26	3.7	4:17	4.4	9:28	0.8	10:22	1.2	5:40	8:28	
7	Thu	4:26	3.7	5:08	4.6	10:19	0.8	11:16	1.0	5:41	8:27	
8	Fri	5:21	3.7	5:55	4.9	11:08	0.7			5:42	8:27	
9	Sat	6:11	3.8	6:40	5.1	12:07	0.8	11:55 AM	0.5	5:42	8:27	
10	Sun	7:00	4.0	7:26	5.4	12:54	0.5	12:42	0.3	5:43	8:26	
11	Mon	7:49	4.2	8:11	5.6	1:40	0.2	1:30	0.1	5:44	8:26	
12	Tue	8:37	4.4	8:56	5.8	2:24	0.0	2:17	0.0	5:44	8:25	
13	Wed	9:23	4.6	9:40	5.8	3:07	-0.2	3:04	-0.1	5:45	8:25	
14	Thu	10:09	4.7	10:26	5.8	3:50	-0.3	3:52	-0.1	5:46	8:24	
15	Fri	10:58	4.8	11:15	5.6	4:35	-0.4	4:44	0.0	5:46	8:24	
16	Sat	11:50	4.9			5:24	-0.3	5:41	0.1	5:47	8:23	
17	Sun	12:08	5.3	12:46	5.0	6:16	-0.2	6:43	0.3	5:48	8:23	
18	Mon	1:04	5.0	1:43	5.1	7:09	-0.1	7:47	0.4	5:49	8:22	
19	Tue	2:02	4.7	2:44	5.1	8:04	0.0	8:54	0.5	5:49	8:21	
20	Wed	3:06	4.4	3:49	5.2	9:03	0.1	10:03	0.5	5:50	8:21	
21	Thu	4:15	4.2	4:53	5.3	10:04	0.2	11:08	0.4	5:51	8:20	
22	Fri	5:19	4.2	5:51	5.4	11:04	0.2			5:52	8:19	
23	Sat	6:17	4.2	6:44	5.5	12:07	0.3	12:00	0.1	5:53	8:19	
24	Sun	7:12	4.3	7:34	5.6	1:01	0.2	12:53	0.1	5:54	8:18	
25	Mon	8:02	4.4	8:20	5.6	1:50	0.0	1:42	0.1	5:54	8:17	
26	Tue	8:49	4.5	9:03	5.5	2:34	0.0	2:28	0.1	5:55	8:16	
27	Wed	9:31	4.6	9:42	5.4	3:15	0.0	3:10	0.2	5:56	8:15	
28	Thu	10:11	4.6	10:20	5.2	3:53	0.1	3:51	0.3	5:57	8:14	
29	Fri	10:51	4.5	10:57	5.0	4:30	0.2	4:31	0.5	5:58	8:13	
30	Sat	11:32	4.5	11:36	4.7	5:08	0.4	5:14	0.7	5:59	8:12	
31	Sun			12:15	4.4	5:47	0.5	6:01	0.9	6:00	8:11	