


































Cape May Harbor, NJ - Mar 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 11:14 | 3.4 | 11:45 | 3.9 | 5:05 | 0.4 | 5:06 | 0.4 | 6:31 | 5:52 |  |
| 2 | Mon | 11:55 | 3.1 | | | 5:53 | 0.6 | 5:44 | 0.6 | 6:30 | 5:53 |  |
| 3 | Tue | 12:30 | 3.8 | 12:42 | 2.9 | 6:46 | 0.8 | 6:29 | 0.7 | 6:28 | 5:54 |  |
| 4 | Wed | 1:22 | 3.8 | 1:42 | 2.7 | 7:48 | 0.9 | 7:24 | 0.8 | 6:27 | 5:55 |  |
| 5 | Thu | 2:29 | 3.8 | 3:00 | 2.7 | 9:00 | 0.9 | 8:34 | 0.8 | 6:25 | 5:56 |  |
| 6 | Fri | 3:38 | 4.0 | 4:09 | 2.9 | 10:03 | 0.7 | 9:42 | 0.6 | 6:24 | 5:57 |  |
| 7 | Sat | 4:35 | 4.2 | 5:03 | 3.2 | 10:54 | 0.4 | 10:41 | 0.3 | 6:22 | 5:58 |  |
| 8 | Sun | 6:25 | 4.6 | 6:51 | 3.6 | | | 12:40 | 0.0 | 7:21 | 6:59 |  |
| 9 | Mon | 7:13 | 4.9 | 7:37 | 4.0 | 12:34 | -0.1 | 1:23 | -0.3 | 7:19 | 7:00 |  |
| 10 | Tue | 7:59 | 5.1 | 8:22 | 4.5 | 1:24 | -0.4 | 2:04 | -0.6 | 7:18 | 7:01 |  |
| 11 | Wed | 8:44 | 5.2 | 9:05 | 4.9 | 2:13 | -0.7 | 2:44 | -0.8 | 7:16 | 7:02 |  |
| 12 | Thu | 9:28 | 5.1 | 9:49 | 5.1 | 3:01 | -0.9 | 3:24 | -0.9 | 7:15 | 7:03 |  |
| 13 | Fri | 10:13 | 4.9 | 10:34 | 5.3 | 3:49 | -0.9 | 4:05 | -0.8 | 7:13 | 7:04 |  |
| 14 | Sat | 11:00 | 4.6 | 11:23 | 5.2 | 4:40 | -0.7 | 4:50 | -0.7 | 7:12 | 7:05 |  |
| 15 | Sun | 11:53 | 4.2 | | | 5:36 | -0.5 | 5:40 | -0.4 | 7:10 | 7:06 |  |
| 16 | Mon | 12:18 | 5.1 | 12:50 | 3.8 | 6:39 | -0.2 | 6:36 | -0.1 | 7:08 | 7:07 |  |
| 17 | Tue | 1:17 | 4.9 | 1:54 | 3.5 | 7:45 | 0.1 | 7:37 | 0.2 | 7:07 | 7:08 |  |
| 18 | Wed | 2:23 | 4.6 | 3:07 | 3.3 | 8:56 | 0.3 | 8:45 | 0.4 | 7:05 | 7:09 |  |
| 19 | Thu | 3:39 | 4.5 | 4:26 | 3.3 | 10:10 | 0.3 | 10:00 | 0.4 | 7:04 | 7:10 |  |
| 20 | Fri | 4:53 | 4.5 | 5:32 | 3.5 | 11:15 | 0.2 | 11:08 | 0.3 | 7:02 | 7:11 |  |
| 21 | Sat | 5:53 | 4.5 | 6:26 | 3.8 | | | 12:08 | 0.1 | 7:01 | 7:12 |  |
| 22 | Sun | 6:45 | 4.6 | 7:13 | 4.1 | 12:05 | 0.2 | 12:55 | 0.0 | 6:59 | 7:13 |  |
| 23 | Mon | 7:30 | 4.6 | 7:55 | 4.3 | 12:57 | 0.0 | 1:36 | -0.2 | 6:57 | 7:14 |  |
| 24 | Tue | 8:11 | 4.6 | 8:33 | 4.5 | 1:42 | -0.1 | 2:12 | -0.2 | 6:56 | 7:15 |  |
| 25 | Wed | 8:48 | 4.6 | 9:08 | 4.7 | 2:24 | -0.2 | 2:45 | -0.2 | 6:54 | 7:16 |  |
| 26 | Thu | 9:23 | 4.5 | 9:41 | 4.7 | 3:02 | -0.2 | 3:16 | -0.1 | 6:53 | 7:17 |  |
| 27 | Fri | 9:56 | 4.3 | 10:14 | 4.7 | 3:38 | -0.1 | 3:45 | 0.0 | 6:51 | 7:18 |  |
| 28 | Sat | 10:29 | 4.0 | 10:47 | 4.6 | 4:14 | 0.0 | 4:14 | 0.2 | 6:50 | 7:19 |  |
| 29 | Sun | 11:04 | 3.7 | 11:23 | 4.5 | 4:51 | 0.3 | 4:44 | 0.4 | 6:48 | 7:20 |  |
| 30 | Mon | 11:41 | 3.5 | | | 5:33 | 0.5 | 5:18 | 0.6 | 6:46 | 7:21 |  |
| 31 | Tue | 12:02 | 4.3 | 12:22 | 3.2 | 6:20 | 0.7 | 5:58 | 0.8 | 6:45 | 7:22 |  |