

































## East Point, Maurice River Cove, NJ - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:55	6.0			5:53	-0.2	6:37	-0.4	7:19	4:47	
2	Tue	12:25	5.0	12:42	5.7	6:47	-0.1	7:24	-0.4	7:19	4:48	
3	Wed	1:15	5.2	1:32	5.3	7:45	0.0	8:14	-0.4	7:19	4:49	
4	Thu	2:10	5.3	2:29	4.9	8:48	0.1	9:07	-0.4	7:19	4:50	
5	Fri	3:12	5.6	3:34	4.6	9:55	0.2	10:04	-0.4	7:19	4:51	
6	Sat	4:20	5.8	4:45	4.4	11:06	0.1	11:05	-0.4	7:19	4:52	
7	Sun	5:25	6.1	5:52	4.4			12:15	-0.1	7:19	4:53	
8	Mon	6:26	6.4	6:54	4.5	12:05	-0.5	1:20	-0.3	7:19	4:54	
9	Tue	7:24	6.7	7:52	4.6	1:05	-0.7	2:19	-0.5	7:19	4:55	
10	Wed	8:19	6.8	8:46	4.8	2:02	-0.8	3:11	-0.7	7:19	4:56	
11	Thu	9:09	6.8	9:36	4.9	2:56	-0.9	3:58	-0.8	7:19	4:57	
12	Fri	9:56	6.7	10:23	5.0	3:46	-0.9	4:41	-0.8	7:18	4:58	
13	Sat	10:41	6.4	11:08	5.0	4:33	-0.8	5:24	-0.6	7:18	4:59	
14	Sun	11:24	6.0	11:53	5.0	5:20	-0.5	6:06	-0.5	7:18	5:00	
15	Mon			12:06	5.5	6:09	-0.2	6:48	-0.2	7:17	5:01	
16	Tue	12:37	4.9	12:47	5.1	6:59	0.2	7:31	0.0	7:17	5:02	
17	Wed	1:22	4.8	1:30	4.6	7:51	0.5	8:13	0.2	7:17	5:03	
18	Thu	2:08	4.8	2:16	4.2	8:45	0.7	8:58	0.4	7:16	5:04	
19	Fri	3:00	4.7	3:10	3.9	9:44	0.9	9:45	0.5	7:16	5:05	
20	Sat	3:57	4.8	4:12	3.7	10:47	0.9	10:37	0.5	7:15	5:06	
21	Sun	4:55	5.0	5:13	3.6	11:49	0.9	11:29	0.5	7:15	5:07	
22	Mon	5:48	5.2	6:08	3.7			12:45	0.7	7:14	5:08	
23	Tue	6:37	5.5	6:57	3.9	12:20	0.3	1:34	0.4	7:13	5:10	
24	Wed	7:23	5.8	7:43	4.1	1:09	0.1	2:17	0.1	7:13	5:11	
25	Thu	8:07	6.1	8:27	4.4	1:56	-0.2	2:55	-0.2	7:12	5:12	
26	Fri	8:49	6.3	9:08	4.7	2:40	-0.5	3:32	-0.4	7:11	5:13	
27	Sat	9:29	6.4	9:49	5.0	3:23	-0.7	4:08	-0.7	7:11	5:14	
28	Sun	10:10	6.3	10:31	5.2	4:06	-0.8	4:45	-0.8	7:10	5:15	
29	Mon	10:51	6.2	11:15	5.4	4:51	-0.8	5:25	-0.9	7:09	5:17	
30	Tue	11:35	5.9			5:39	-0.7	6:09	-0.8	7:08	5:18	
31	Wed	12:02	5.6	12:22	5.5	6:32	-0.5	6:55	-0.7	7:07	5:19	