
































East Point, Maurice River Cove, NJ - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:02	5.5	5:21	4.5	11:44	0.3	11:39	0.0	7:19	4:47	
2	Mon	5:56	5.7	6:15	4.3			12:45	0.3	7:19	4:48	
3	Tue	6:44	5.8	7:04	4.2	12:28	0.0	1:39	0.2	7:19	4:49	
4	Wed	7:29	5.9	7:50	4.2	1:15	0.0	2:27	0.1	7:19	4:50	
5	Thu	8:10	6.0	8:32	4.2	1:59	-0.1	3:08	0.0	7:19	4:51	
6	Fri	8:49	6.1	9:11	4.3	2:40	-0.1	3:45	-0.1	7:19	4:52	
7	Sat	9:26	6.0	9:49	4.3	3:19	-0.2	4:19	-0.1	7:19	4:53	
8	Sun	10:03	6.0	10:26	4.3	3:56	-0.2	4:53	0.0	7:19	4:54	
9	Mon	10:39	5.9	11:04	4.3	4:33	-0.1	5:27	0.0	7:19	4:54	
10	Tue	11:16	5.7	11:43	4.3	5:11	0.0	6:02	0.1	7:19	4:55	
11	Wed	11:53	5.4			5:52	0.2	6:40	0.2	7:18	4:56	
12	Thu	12:23	4.4	12:32	5.2	6:38	0.3	7:19	0.2	7:18	4:57	
13	Fri	1:05	4.5	1:13	4.9	7:27	0.5	8:00	0.2	7:18	4:59	
14	Sat	1:51	4.6	1:59	4.6	8:21	0.6	8:44	0.2	7:18	5:00	
15	Sun	2:43	4.8	2:52	4.3	9:19	0.6	9:34	0.1	7:17	5:01	
16	Mon	3:42	5.1	3:56	4.1	10:23	0.5	10:28	0.0	7:17	5:02	
17	Tue	4:44	5.5	5:03	4.1	11:28	0.3	11:26	-0.2	7:16	5:03	
18	Wed	5:44	5.9	6:06	4.2			12:32	0.0	7:16	5:04	
19	Thu	6:41	6.4	7:07	4.4	12:25	-0.5	1:33	-0.4	7:16	5:05	
20	Fri	7:38	6.8	8:05	4.6	1:23	-0.8	2:30	-0.7	7:15	5:06	
21	Sat	8:33	7.1	9:00	4.9	2:20	-1.1	3:22	-1.0	7:14	5:07	
22	Sun	9:26	7.2	9:53	5.2	3:15	-1.3	4:11	-1.2	7:14	5:08	
23	Mon	10:18	7.1	10:45	5.4	4:08	-1.4	4:59	-1.3	7:13	5:10	
24	Tue	11:09	6.8	11:38	5.5	5:01	-1.3	5:48	-1.1	7:13	5:11	
25	Wed			12:01	6.4	5:57	-1.0	6:38	-0.9	7:12	5:12	
26	Thu	12:31	5.5	12:52	5.8	6:56	-0.6	7:29	-0.7	7:11	5:13	
27	Fri	1:25	5.4	1:45	5.2	7:57	-0.2	8:20	-0.4	7:10	5:14	
28	Sat	2:21	5.4	2:42	4.6	9:02	0.1	9:12	-0.1	7:10	5:15	
29	Sun	3:22	5.3	3:45	4.2	10:10	0.4	10:07	0.1	7:09	5:16	
30	Mon	4:26	5.2	4:51	3.9	11:20	0.5	11:03	0.2	7:08	5:18	
31	Tue	5:26	5.3	5:50	3.8			12:24	0.5	7:07	5:19	