

































## East Point, Maurice River Cove, NJ - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:58	6.8	7:27	4.6	12:41	-0.7	1:53	-0.5	7:19	4:47	
2	Fri	7:55	7.0	8:25	4.8	1:39	-0.9	2:50	-0.8	7:19	4:48	
3	Sat	8:50	7.1	9:20	4.9	2:36	-1.0	3:42	-0.9	7:19	4:49	
4	Sun	9:42	7.1	10:12	5.0	3:29	-1.1	4:31	-0.9	7:19	4:50	
5	Mon	10:33	6.9	11:03	5.1	4:21	-1.0	5:19	-0.8	7:19	4:51	
6	Tue	11:22	6.5	11:53	5.1	5:13	-0.8	6:07	-0.7	7:19	4:52	
7	Wed			12:10	6.0	6:06	-0.4	6:55	-0.4	7:19	4:53	
8	Thu	12:44	5.0	12:58	5.5	7:02	-0.1	7:43	-0.2	7:19	4:54	
9	Fri	1:34	5.0	1:45	4.9	8:00	0.3	8:30	0.0	7:19	4:55	
10	Sat	2:25	4.9	2:35	4.4	8:59	0.6	9:17	0.2	7:19	4:56	
11	Sun	3:20	4.9	3:32	4.1	10:01	0.8	10:06	0.4	7:18	4:57	
12	Mon	4:18	4.9	4:32	3.8	11:05	0.8	10:56	0.4	7:18	4:58	
13	Tue	5:12	5.1	5:29	3.7			12:05	0.8	7:18	4:59	
14	Wed	6:01	5.3	6:21	3.8			1:00	0.6	7:18	5:00	
15	Thu	6:48	5.5	7:08	3.9	12:34	0.3	1:48	0.4	7:17	5:01	
16	Fri	7:32	5.7	7:52	4.0	1:20	0.2	2:30	0.2	7:17	5:02	
17	Sat	8:14	5.9	8:34	4.2	2:03	0.0	3:07	0.0	7:16	5:03	
18	Sun	8:54	6.1	9:13	4.3	2:44	-0.2	3:41	-0.2	7:16	5:04	
19	Mon	9:32	6.2	9:51	4.5	3:24	-0.4	4:14	-0.3	7:15	5:05	
20	Tue	10:09	6.1	10:29	4.7	4:03	-0.5	4:47	-0.4	7:15	5:06	
21	Wed	10:47	6.0	11:08	4.9	4:43	-0.5	5:23	-0.5	7:14	5:08	
22	Thu	11:26	5.8	11:50	5.1	5:26	-0.4	6:02	-0.5	7:14	5:09	
23	Fri			12:08	5.5	6:14	-0.3	6:45	-0.5	7:13	5:10	
24	Sat	12:36	5.2	12:53	5.1	7:08	-0.1	7:31	-0.5	7:12	5:11	
25	Sun	1:26	5.4	1:44	4.7	8:06	0.1	8:22	-0.4	7:12	5:12	
26	Mon	2:22	5.5	2:44	4.3	9:10	0.2	9:17	-0.3	7:11	5:13	
27	Tue	3:28	5.6	3:56	4.1	10:20	0.2	10:19	-0.3	7:10	5:14	
28	Wed	4:40	5.8	5:11	4.0	11:33	0.1	11:24	-0.4	7:09	5:16	
29	Thu	5:48	6.1	6:19	4.2			12:43	-0.1	7:09	5:17	
30	Fri	6:50	6.4	7:20	4.5	12:28	-0.5	1:46	-0.4	7:08	5:18	
31	Sat	7:48	6.6	8:16	4.8	1:30	-0.8	2:41	-0.7	7:07	5:19	